

Written in Stone

Oracle



Collection 1

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Welcome

The Stone Beings are masters of their own *being-ness*. Each of the stones and crystals have an *aware consciousness* that flows through their physical form or body, just as we do. They vibrate with intelligence and each one is a direct expression of the Earth herself. Stones and crystals don't make choices. *They 'are' who they are. They 'do' who they are.* It is in their very make-up to '*be*' who they are. It's already written for them—it's literally written in stone.

On the other hand, the human experience is all about making choices. It's about where you land when you've made a choice and acted on it and it's about choosing again. It's all about *change*; like how the seasons flow from one cycle to the next.

Each of the Written in Stone Oracle cards is a representation of one of the many Stone Beings; a link to their energies. The oracle cards are not only meant to help you get to know the Stone Beings, but also to aid you in getting in touch with your own intuition, your gut instincts, your inner guidance system—the part of you that can see further down your path and alert you of the bumps ahead or the special surprises in store for you. And the Stone People can assist.

Inviting in the energies of the stones can and will enrich your life experience. They are guides and teachers and they know how this planet works. They're not going to fix all your issues or do your work for you, but their frequencies will influence and encourage your personal energies to readjust and come into alignment with your soul's original plan and purpose. You, this universe and Earth share the same source code—*love*. When you strip everything else away, down to your very core, you are pure love.

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So, how can they help you? Let's say I find myself in a slump; feel bored, listless, a bit sad. I might pick up a Citrine crystal and tune in to its vibration, allowing its energies to mingle with mine. I can feel it stimulating my own inner joy and I begin to feel excited, motivated, inspired. It's like Citrine is asking you to follow its pattern; *Come out and play! Let's have some fun!* The vibration of stones and crystals can comfort you, inspire you and assist you with solutions to issues. They can help you to find your personal balance point—not someone else's balance point—but what is right for you.

Perhaps, you're a person who gives and gives and gives to everyone and everything, constantly putting others before yourself and your own needs. Chrysocolla can help you rediscover and realize your self-worth and show you how to express it outwardly in your life.

You might struggle to show your true feelings of love to others. Rose Quartz can encourage you and teach you all about showing compassion, affection, and the many ways to express your love.

Maybe you have difficulty standing up for yourself or protecting yourself in the face of adversity to the point where you end up unknowingly taking on the problems of others. Phlogopite Mica knows all about putting up healthy boundaries and can teach you how to effectively protect yourself.

Also worthy to note is that it doesn't matter how you perceive each Stone Being or what image you give to them in your mind's eye. Your relationship with them is personal to you and it's natural that your interpretation of their energies will follow that.

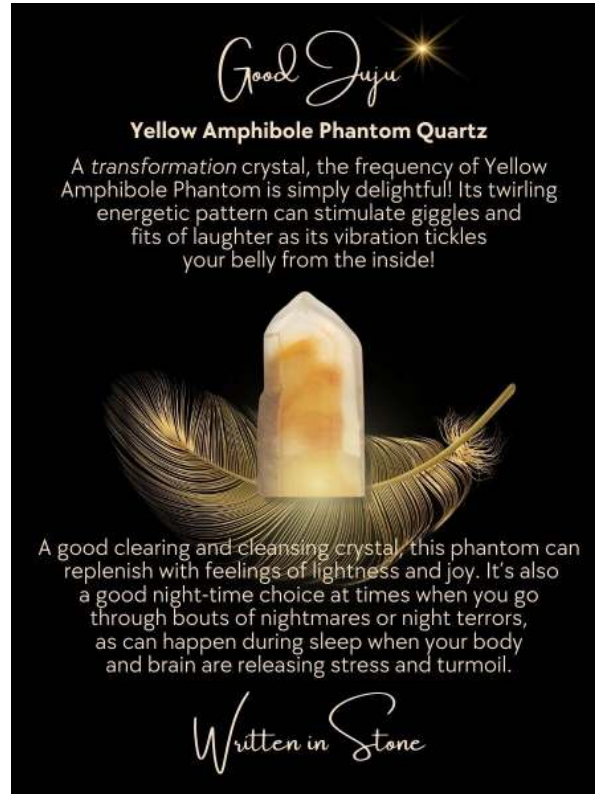
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For example, when I think of Black Jade, I see a warrior in human form, his tall spear planted firmly in front of him, focused on task. A protector, he keeps harmful energies at bay. My interpretation of Rose Quartz is wisps of gentle, swirling pink mist caressing everything it touches with love and affection. I imagine Spirit Quartz as a flurry of little light beings, tirelessly darting this way and that, as if running errands and taking care of business. Assigning each of them a personality or seeing them in whatever form is easiest for you to work with them is just fine with the Stone Beings because it doesn't affect their being-ness.

Simply choosing an oracle card with a question in mind can show you, for example, what in your life needs to be strengthened, what it is you need to let go of, what you need to accept. Choose a Stone Being to be your personal guide for the day, the week, or a specific amount of time while you're navigating a painful experience. Casting a spread or layout with the Oracle cards with a particular stressful issue or confusing situation in mind, can show you what in your life you need to be made aware of and where and what choices you can make that are best for you, as well as for those around you.

You don't need the physical stone in your hands to work with the Stones Beings. You can work with them energetically by calling in their vibration. Me, I'm a tactile learner and I prefer to hold the crystal so I can physically see and touch its form as I get to know its energy. That said, I never handle toxic stones or crystals. If you choose to work with the physical stones, always research them for toxicity levels.

So, if it's a better way to help you understand and remember, by all means, get yourself a tumbled nugget, a crystal point, a sphere, palm stone or piece of jewelry. Jump right in and get your knowledge directly from the source. For every issue you may have, there is a Stone Being willing to guide you and assist you on your Earthwalk.



Yellow Amphibole Phantom Quartz :: Good Juju

A *transformation crystal*, the frequency of Yellow Amphibole Phantom Quartz is simply delightful! Its twirling energetic pattern can stimulate giggles and fits of laughter as its vibration tickles your belly from the inside!

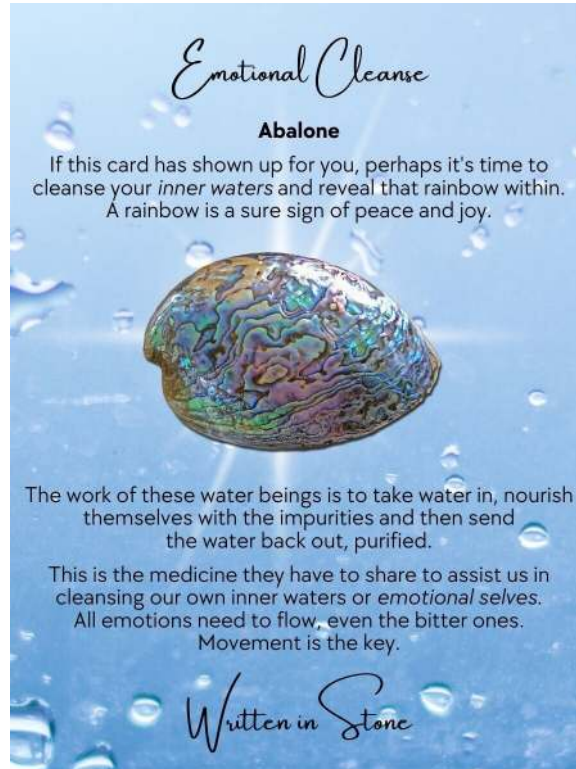
A good clearing and cleansing crystal, this phantom can replenish with feelings of lightness and joy. It's also a good night-time choice at times when you go through bouts of nightmares or night terrors, as can happen during sleep when your body and brain are releasing stress and turmoil.

The Amphibole Phantom is also known as *Angel Phantom Quartz* in the gem world. Depending upon your crystal, the clear phantoms with minimal amounts of Yellow Limonite inclusions have a faster frequency, whereas the more opaque crystals have a slower, yet steady, energetic flow.

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As a *placement stone* in the home, an Amphibole Phantom can transform the energy of a room from frantic and chaotic, to calm and pleasant.

For times when you've been working on your computer for long periods or otherwise *in your head* too much, try lying down and setting an Amphibole Phantom on the head area with the point facing upward for a short time to draw your energies upward and re-balance the mental area.



Abalone :: Emotional Cleanse

If this card has shown up for you, perhaps it's time to cleanse your *inner waters* and reveal that rainbow within. A rainbow is a sure sign of peace and joy. The work of these water beings is to take water in, nourish themselves with the impurities and then send the water back out, purified. This is the medicine they have to share to assist us in cleansing our own inner waters or *emotional selves*. All emotions need to flow, even the bitter ones. Movement is the key.

Of course, we know Mother of Pearl, Abalone and Paua as *shells*; you could say they're rather like the *bones* of Water Beings. In days gone by the people who lived on the coasts would make dresses or capes from shells to wear as protection or to receive the healing benefits of Mother of Pearl medicine.

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When they were worn coloured-side out, it was meant as *boundary*, to deflect negative incoming energies. If it was worn coloured-side in, the individual was considered to be in personal healing, as the healing rainbow of soft colour was directed within.

The ripple or energetic pattern of the light-coloured shells is a back-and-forth motion, whereas, the darker-toned shells exhibit a spiral pattern. In light of this, during a laying-on-of-stones session, the energies of the darker-saturated shells are capable of spiraling to deeper levels within the system than the lighter-hued shells.



Blue Onyx :: Background Noise

Everyday worries got you down? Sitting with Blue Onyx is like drifting up, up, up into a calm blue sky—all becomes quiet. From here, as you gaze down upon the landscape of your life, a broader picture begins to form. When you gain enough perspective of a situation, things simply don't seem as serious and traumatic as when you are in embroiled in the thick of them. Blue Onyx is a very good meditation stone.

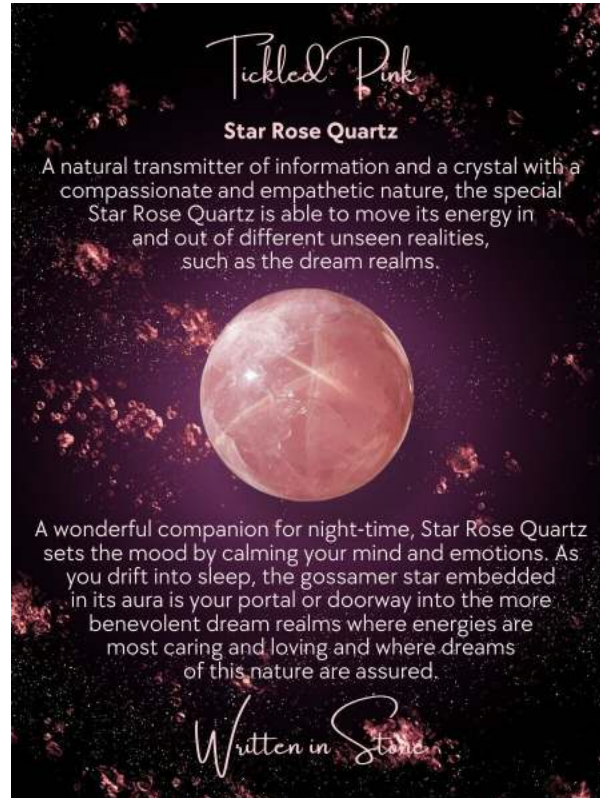
Quite a bit of the Blue Onyx on the market today is dyed to obtain the varied and striking blue hues.



Blue Lace Agate :: Lost in Translation

Are you being heard? Blue Lace Agate even looks like solidified sound waves! Its frequency enhances communication by bringing thoughts, concepts and ideas clearly into focus and helps you express them with ease. For any type of communication issues, from shyness to stuttering, Blue Lace Agate is a helpful stone to carry in your pocket.





Star Rose Quartz :: Tickled Pink

A natural transmitter of information and a crystal with a compassionate and empathetic nature, the special Star Rose Quartz is able to move its energy in and out of different unseen realities, such as the dream realms.

A wonderful companion for night-time, Star Rose Quartz sets the mood by calming your mind and emotions. As you drift into sleep, the gossamer star embedded in its aura is your portal or doorway into the more benevolent dream realms where energies are most caring and loving and where dreams of this nature are assured.

Certain polished crystals and stones, such as orbs, spheres, cabochons and even tumbled stones, will display an *asterism* (a luminous star-shaped glow) when examined at just the right angle and in just the right amount of light. Star Rose Quartz is one of these.

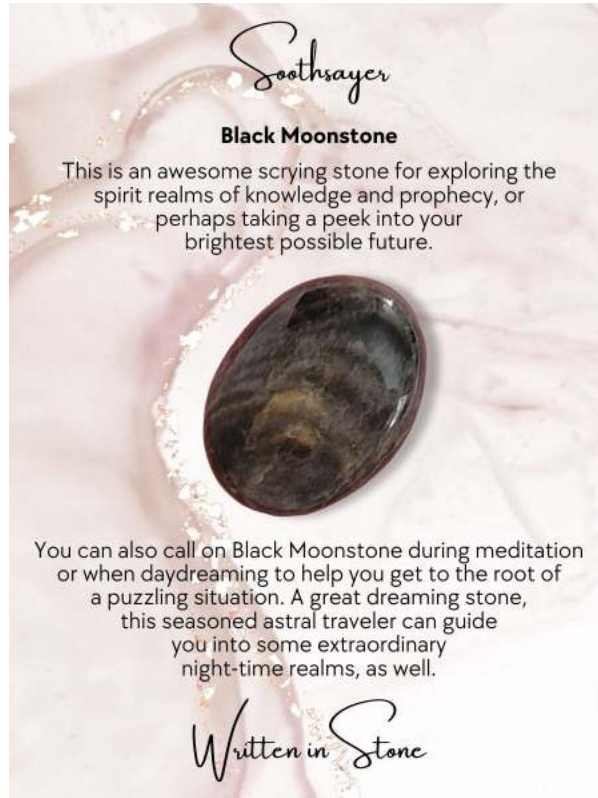
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To see if your Rose Quartz contains an asterism, hold it under a bright light source or take it outside in sunlight and inspect it by gently moving it around; a six-pointed star may appear, floating just above the stone in its aura. If you see the star, your Rose Quartz has just revealed the *presence of another realm*.

If your stone is small and tumbled, you may see only one ray of the star. These are sometimes referred to as *Semi-star Rose Quartz*, but rest assured, they perform the very same as any Star Rose Quartz orb, sphere or cabochon.

The special Star Rose Quartz is able to move its energy as it transmits between the physical realm and the spiritual. As the energy of Star Rose Quartz can be present in two realms at once, while working with it, this allows you an immediate and clear connection between the realms.

Star Rose Quartz are wonderful helpers for making and maintaining a clear and direct connection with souls on the spirit side. A very compassionate crystal, they have no trouble tapping in to your deep connections with your spirit guides or loved ones who have crossed over. When I use Star Rose Quartz to connect with family members on the other side, I imagine the Rose Quartz energy there with them at the same time as it's here with me. This somehow brings them closer and I can feel waves of comfort. It eases the longing and makes me smile; assuring me that they are right here with me and our bonds of love that hold us together can never be severed.



Black Moonstone :: Soothsayer

This is an awesome scrying stone when exploring the spirit realms of knowledge and prophecy, or for perhaps taking a peek into your brightest possible future. You can also call on Black Moonstone during meditation or when daydreaming to help you get to the root of a puzzling situation.

Black Moonstone has been used as an oracle stone by seers and mystics all throughout history. Slipping a Black Moonstone into your bath water while meditating can also be a powerful experience, bringing in more depth and focus, as water is such an amazing conduit for energy.

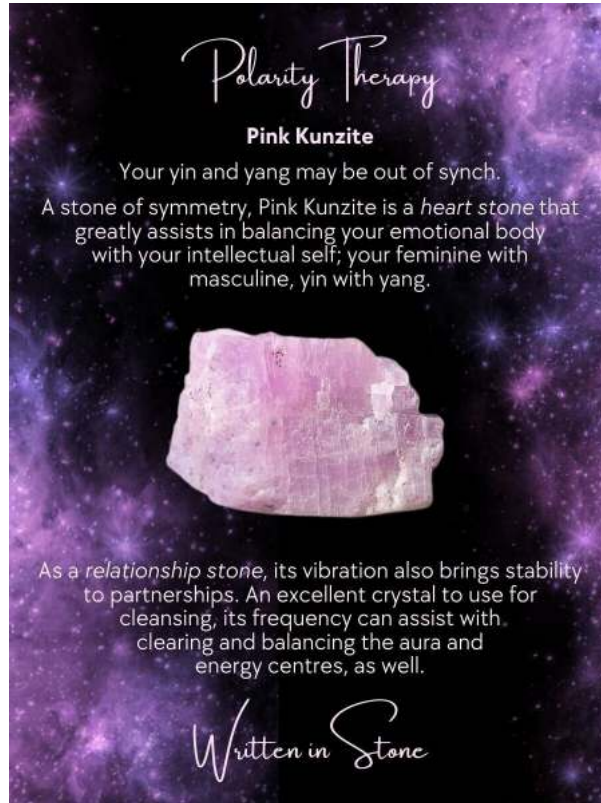
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A great dreaming stone, this seasoned astral traveler can guide you into some extraordinary night-time realms, as well. The dream realms contain a multitude of diverse areas or layers that you might experience; from the fluid and gossamer to the more tactile realms, depending upon issues you may be dealing with in your life, or simply for exploring different and exciting places during your night travels.

Black Moonstone can trigger or bring about a very different type of dream than you are used to. For those of you who are dreamers who intentionally do personal healing work through dreams, Black Moonstone can really be a tremendous help for accessing other parts of self.

I'm not talking about parts of yourself that you're aware of, but rather, parts you may be *unconsciously* hiding. Parts of self that are denied; that you are unaware of or not conscious of. Some refer to this personal healing work as *soul retrieval*.

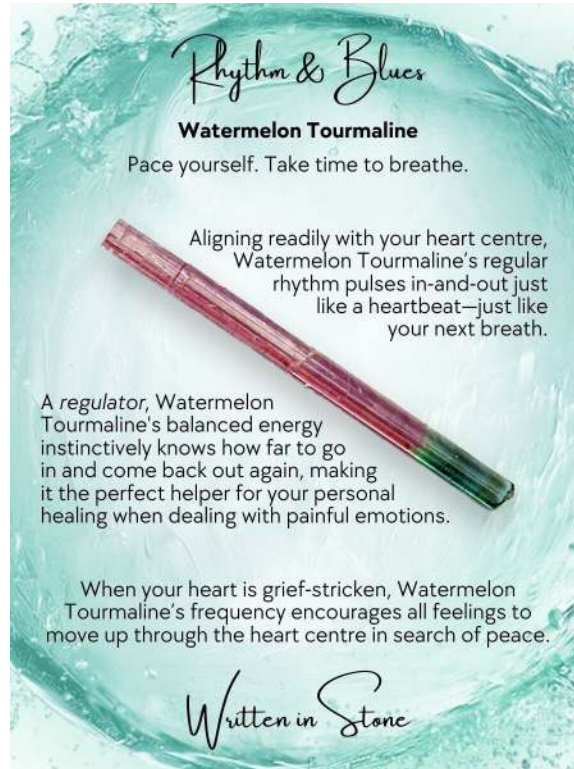
A typical dream might have you dealing with your own daily issues or conscious realities, where you are the dream character traversing through the dream. When you cross the threshold that brings you deeper into the unconscious, you may *find* denied aspects of self. The dream characters assume a separate form from you here and you *witness* the dream, rather than participate in it. If you happen to experience a dream of this type out of the blue, you can know that you are dealing with a part of yourself that's been left behind.



Pink Kunzite :: Polarity Therapy

Your yin and yang may be out of synch. A stone of *symmetry*, Pink Kunzite is a *heart stone* that greatly assists in balancing your emotional body with your intellectual self; your feminine with masculine, yin with yang. As a relationship stone, its vibration brings stability to partnerships. An excellent crystal to use for cleansing, its vibration can assist with clearing and balancing the aura and energy centres, as well.

This well-known Spodumene mineral can be translucent and colourless or opaque. The pink to lilac variety is known as Kunzite, whereas the green hue is called Hiddenite and the yellow is Triphane. All from the same family, they share common traits but each has its own unique talents or gifts.



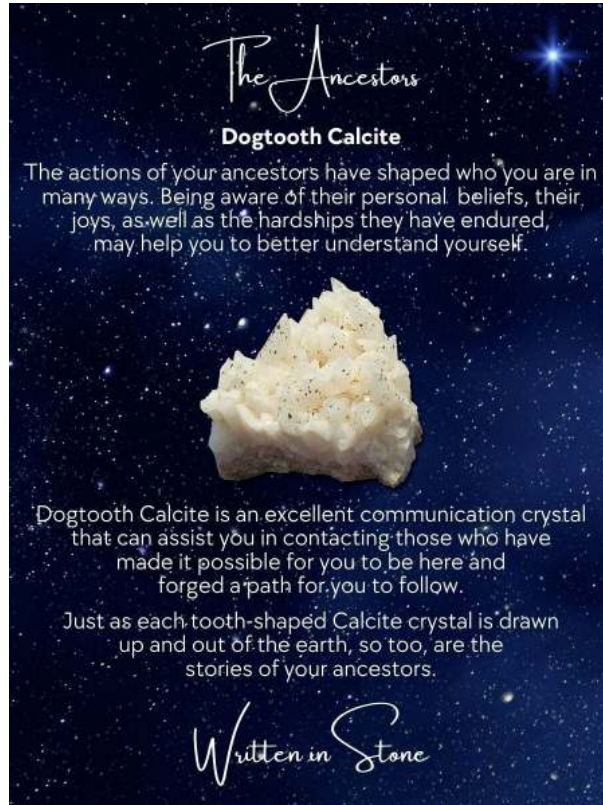
Watermelon Tourmaline :: Rhythm & Blues

Pace yourself. Take time to breathe. Aligning with your heart centre, Watermelon Tourmaline's regular rhythm pulses in-and-out, just like a heartbeat—just like your next breath. A *regulator*, Watermelon Tourmaline's balanced energy instinctively knows how far to go in and come back out again, making it the perfect helper for your personal healing when dealing with painful emotions. When your heart is grief-stricken, Watermelon Tourmaline's frequency encourages feelings to move up through the heart centre in search of peace.

A true *heart stone*, Watermelon Tourmaline's pink and green hues are the healing colours of upper and lower (feminine and masculine) heart. Its vibration is valuable during a healing session when intense emotions are triggered and brought to the surface to be explored, as it assists you to go in and out of unpleasant emotions at a pace you can easily handle without causing further overwhelm.

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Setting a nugget of Watermelon Tourmaline on any of your chakra centres can help to regulate the energetic rhythms. A gem fashioned into a necklace, worn at heart level, is a powerful tool. It can assist individuals who tend to be too rational or overly emotional or those who simply take on more than they should, by bringing in that sense of calm and balance. When its frequency is directed toward your special relationships, Watermelon Tourmaline naturally enhances and strengthens connections of love.



Dogtooth Calcite :: The Ancestors

The actions of your ancestors have shaped who you are in many ways. Being aware of their personal beliefs, their joys, as well as the hardships they have endured, can help you to better understand yourself. Dogtooth Calcite is an excellent communication crystal that can assist you in contacting those who have made it possible for you to be here and forged a path for you to follow. Just as each tooth-shaped Calcite crystal is drawn up and out of the earth, so too, are the stories of your ancestors.

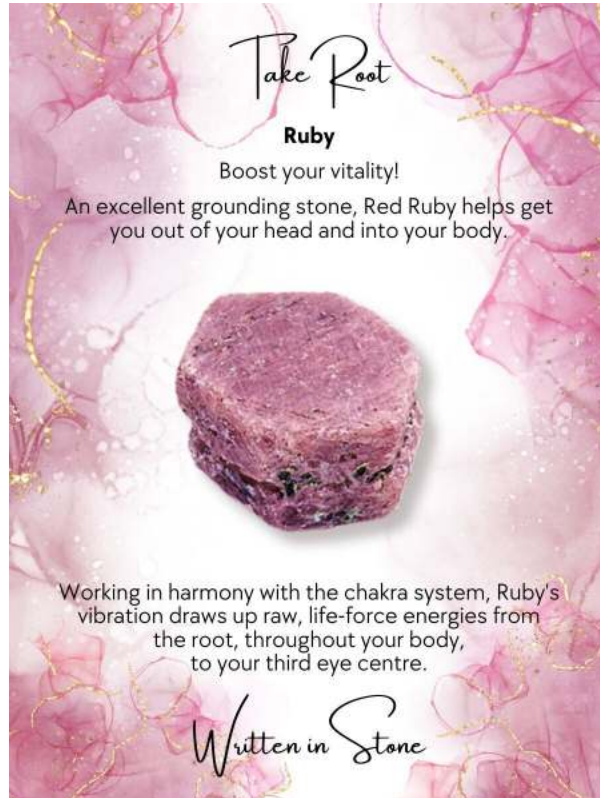
Dogtooth Calcite readily resonates with humans through the bones and teeth—and this is where you hold your connection to your ancestors. The frequency of Dogtooth Calcite can trace your ancestors through the lines of your DNA and bring you the familial stories of those who came before you. In this way, you can also see Dogtooth Calcite as a *storyteller stone*.

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Perhaps you might consider an intimate ceremony to reconnect with your ancestors. Set the stage with any photographs you may have or family heirlooms and keepsakes to welcome and honour their presence.

Think of one crystal on the matrix of Dogtooth Calcite as representing one ancestor, one lineage. Hold your finger on that tooth and ask the stone to draw an ancestor forward and allow them to pass their stories. Your ancestors carry much wisdom for you. They have lived. They are well aware of their triumphs and they know where they might have made better choices. All of this knowledge, they have to share with you.

Ask what gifts your ancestors carry for you and how you can awaken those gifts within you. What was their life experience? What were their joys; the love of their land? What were their hardships? Do you carry any imprints of their fears? Pay attention to your thoughts and feelings and trust the images that form in your mind's eye. As you ponder where you came from, the stories will be drawn through.



Ruby :: Take Root

Boost your vitality! An excellent grounding stone, Red Ruby helps to get you out of your head and into your body. Working in harmony with the chakra system, Ruby's vibration draws up raw, life-force energies from the root, throughout your body, to your third eye centre.

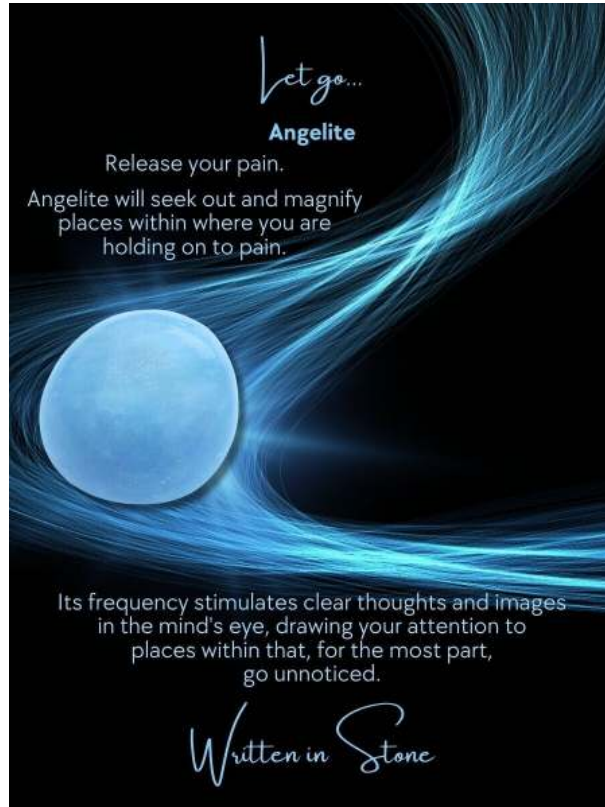
Deep Red Ruby is a good crystal to work with at any time you're feeling imbalanced or disconnected from self. It is so helpful to those who spend too much time in their heads, to plant their feet back in the earth and stay well-grounded.

Members of the Corundum family, Rubies come in various shades of pink to deep red. Red Ruby has a strong connection to vitality and its vibration can assist you to strengthen or quickly recover your energy levels and vital life-force.

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Its vibration is also perfect to add to any task or project you are about to begin that you want to add an overall deepness or extra grounding and vitality to. Pink Rubies are natural *heart stones* with a very loving and compassionate frequency.

In some cultures, a Ruby was set into the third eye of carvings and statues to signify one's journey from the root chakra in the pursuit of wisdom and knowledge.



Angelite :: Let go...

Release your pain. Angelite will seek out and magnify the places within where you are holding on to pain. Its frequency stimulates clear thoughts and images in the mind's eye, drawing your attention to places within that, for the most part, go unnoticed. For instance, right now, as you are reading this you may not sense every slight ache or nuance of pain, but if you were holding a piece of Angelite, you would soon begin to take notice.

Angelite certainly draws your attention with its beautiful blue hues, but it may not always be a comfortable stone to have around, so it's suggested that you don't wear it as jewelry or carry it with you for long periods of time.

In days of old, healers would gently roll a small sphere of Angelite across areas of the body, observing its actions and where it came to rest. This gave them clues as to the behaviour of the issue in question and assisted them in pinpointing just where it was stemming from.

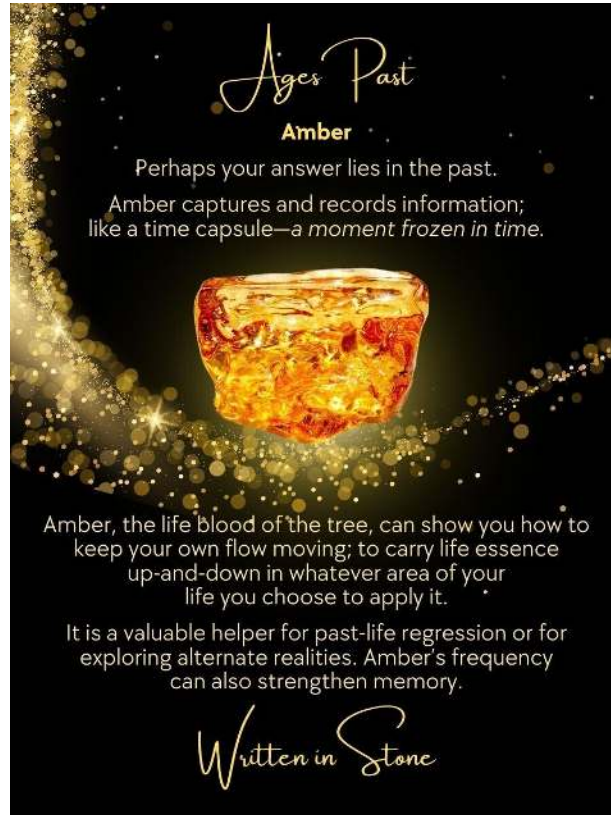




Trolleite :: The Natural Realms

It's important to stay in touch with nature. Trolleite is very familiar with the nature realms, but not so much the human world. It does however make an excellent scrying stone if you wish to connect to the plant beings or wind elementals, or perhaps meditate with the tree dryads. Trolleite will act as you *portal opening* or doorway into the myriad of natural realms that co-exist with us on our beautiful planet.

Trolleite makes an exceptional *altar stone*, as it will readily connect with the natural elements in the area where it is placed.



Amber :: Ages Past

Perhaps your answer lies in the past. Amber captures and records information—like a time capsule—a *moment frozen in time*. Amber, the life blood of the tree, can show you how to keep your own flow moving, to carry life essence up-and-down in whatever area of your life you choose to apply it. It is a valuable helper for past-life regression or exploring parallel realities.

Of course, Amber isn't a stone, but tree resin, and each nugget is going to have its individual differences, but all will contain the overall attributes of Amber—and Amber has a lot to say!

The Tree Dryads are known as *the keepers of reality, the keepers of the stories*. The plan and purpose of each tree is to hold their area in place and to transfer energies back-and-forth between earth and sky, changing and transforming the very air we breathe as they tend to the ecosystem. Captured within each nugget of Amber is the history of that particular tree and all that it has witnessed with regard to the animals, the people, and all happenings within its environment—and all trees share information with each other.

Each piece of Amber will symbolize and hold within itself the basic blueprint of how life is meant to flow on Earth. Try placing Amber on any part of your body where energies are not flowing as they should to encourage movement.



Amber is a wonderful helper to enhance and strengthen memory; as again, it captures and records information. For the same reason it's also a valuable past-life regression (or parallel life exploration) aid. During meditation while holding a piece of Amber from an ancient forest where humans didn't venture, may conjure such scenes in your mind's eye as the flow of the seasons—simply, the natural cycle—uninterrupted.

Or perhaps reminders of a time when there was an abundance of pristine air and crystal-clear waters. You may receive visions of the sun playing upon bright green-hued foliage, grown huge due to an abundance of oxygen, and perhaps catch the intoxicating scent of flowers carried on gentle breezes—you might even experience the solitude of a forest at night.

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If you happen to know which type of tree your Amber is from, exploring the attributes of that tree will expand your understandings. For instance, Oak, carries much strength and patience; Cedar offers protection and acts as boundary; Maple captures the sweetness of life; Weeping Willow, for emotional stability; Birch, for emotional movement; Aspen is stimulating and cleansing; Pine carries change and transformation; fruit trees, for sustenance and the act of giving freely; Hawthorne, for safety, protection, sustenance, hardiness and strength, patience and perseverance.

A comforting thought to take with you the next time you stroll through your neighbourhood, favourite park or forest; it has been said that trees recognize human beings as individuals and they know you by your personal vibration or energetic signature, so every tree you have ever passed by recognizes and remembers you. Next time you're out and about, be sure to take a moment to acknowledge the many tree dryads you encounter along your path.



Rhodochrosite :: Heart Song

Protect your heart. Traditionally worn specifically to protect the heart against betrayal, Rhodochrosite is the kind of friend you need—caring, loving, and incredibly loyal! The lovely hue of Rhodochrosite has the outer appearance of gentleness and peace, which you notice right away, but it also holds tenacity and an almost ferocious protective element, due to the abundance of fire and strength it readily draws upon through its connection to the root chakra.

Songs of the heart aren't always soothing lullabies. Rhodochrosite is an empathetic *heart stone*, identifying with the *feminine* aspects of heart and it has much to offer a heart in pain. Its vibration can assist those who have difficulty moving painful energies through the heart centre; as again, it draws the strength and vitality of the root chakra upward and circulates this energy throughout the system. Old wounds can then have a voice, be understood and released.



Chevron Amethyst :: Ebb & Flow

You can readily see the stages of growth in Chevron Amethyst's distinct pattern, revealing the effects of the moon's gravitational pull on our planet. When dealing with past trauma, Chevron Amethyst offers its support as it accompanies and guides you through each wave of your healing journey. It will help you to draw up one memory at a time into your awareness and pause to examine and assimilate each one, so as not to cause further upset or overwhelm.

Chevron Amethyst is so-named for the pattern it forms as alternating layers of Amethyst and Snow Quartz are drawn up out of the earth. Most recently, Chevron Amethyst is also known as *Dream Amethyst*. The frequency of Purple Amethyst works with the crown chakra and helps send, receive and amplify energy or information.

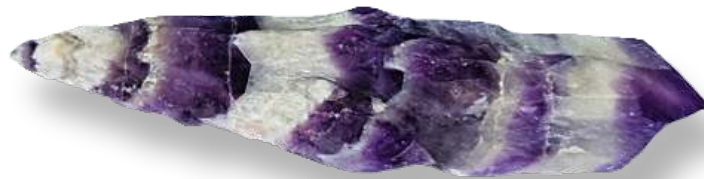
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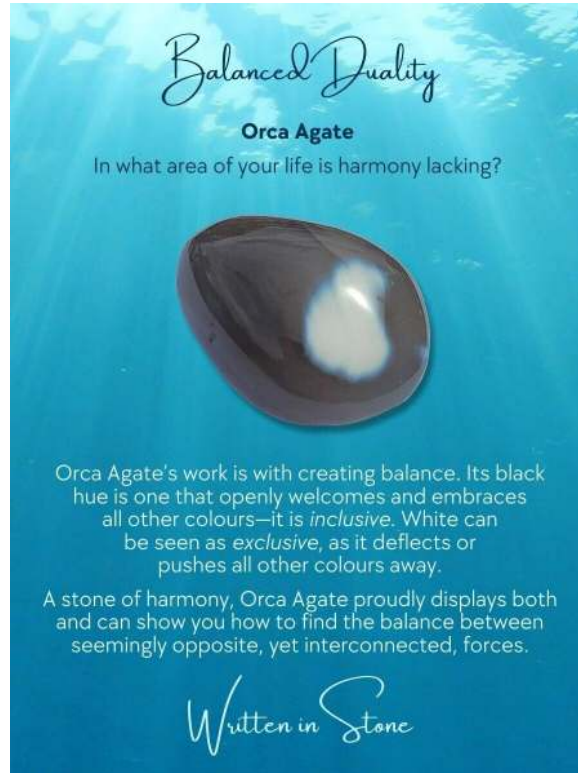
So, how do Snow Quartz and Purple Amethyst work together in Chevron Amethyst? Imagine looking through a clear Quartz crystal, like clear water. There is just one silicon atom and two oxygen atoms in its molecular structure, modelling three-sided pyramids. When the pyramids join together to form and build the crystal, there's plenty of room for energies to flow through because its atoms are pretty far apart. This makes Clear Quartz a high-speed transmitter.

On the other hand, Snow Quartz also contains minute inclusions of gases/liquids, which adds more atoms to its molecular structure, causing it to appear more opaque and its molecules to be closer together. Energies flowing through Snow Quartz are forced to spread out before moving on through. It makes sense then that energies transmitted through the structure of Snow Quartz slow down considerably.

With Chevron Amethyst, the Purple Amethyst brings information in and when it passes through the next layer of Snow Quartz, it simply slows down. Then, the next wave of information is brought through and slowed down. In working with Chevron Amethyst, we are afforded the luxury of time to assimilate the information coming through between waves.

As well as a great assistant for personal healing, Chevron Amethyst is a valuable stone to crystal therapy practitioners during sessions when they feel the need to tone down the frequency of some of the more fast-moving stones while working with them.

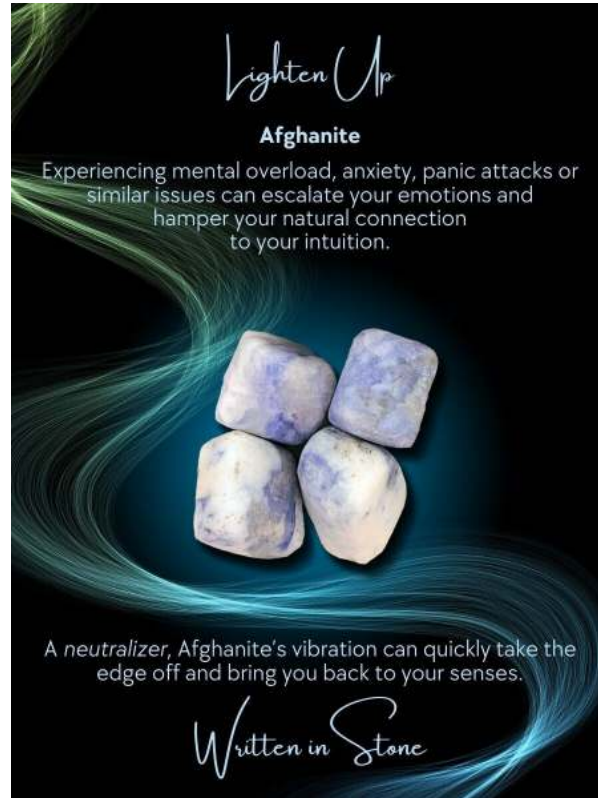




Orca Agate :: Balanced Duality

In what area of your life is harmony lacking? Orca Agate's work is with creating balance. Its dark, black hue is one that openly welcomes and embraces all other colours—it is *inclusive*. White can be seen as *exclusive*, as it deflects or pushes all other colours away. A stone of harmony, Orca Agate proudly displays both and can show you how to find the balance between seemingly opposite, yet interconnected forces.

Orca Agate's vibration is helpful in situations where you have new additions coming into your life. For instance, when a new baby is born, pretty much everything in your life changes; Orca Agate can assist everyone involved to adapt and reharmonize. Or perhaps you're blending or uniting two families into your household, or moving into a new neighbourhood, attending a new school or place of employment. Orca Agate's frequency helps to ensure smooth transitions.



Afghanite :: Lighten Up

Experiencing mental overload, anxiety, panic attacks or similar issues can escalate your emotions and hamper your natural connection to your intuition. A *neutralizer*, Afghanite's vibration can quickly take the edge off and bring you back to your senses.

You may notice when you pick up a piece of Afghanite that everything seems to tone down a bit. Afghanite's vibration isn't very deep and lively, as it's more of a *surface worker*, but its ability to take energies down a few notches can be useful in situations such as ,when tempers flare, when you're feeling overwhelmed, or for instance, when children are over-excited. Afghanite is not a good stone to wear as jewelry or to carry with you on a long-term basis, as after a while your life may begin to seem rather boring or flat.

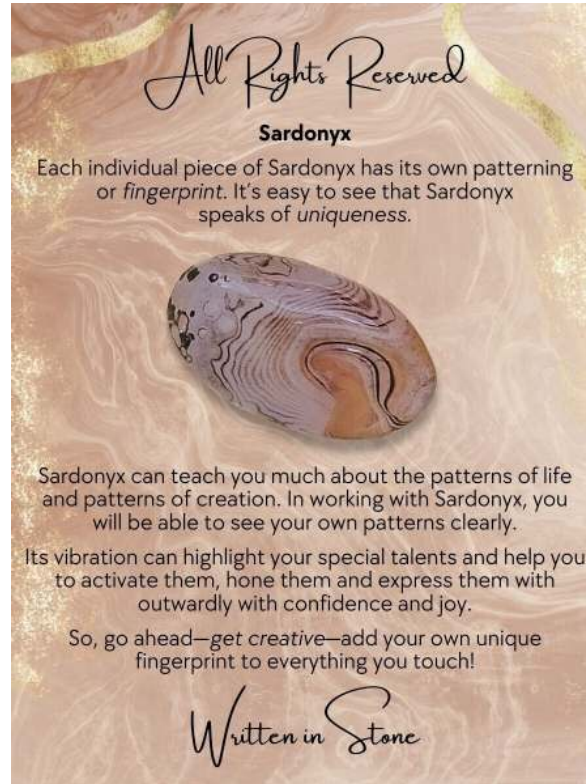


Pink Morganite :: Don't Lose Heart

Is your tender heart in need of protection? Don't be fooled by Pink Morganite's lovely pink appearance. It may look soft and gentle and it is very much a heart stone, but its rather intense frequency translates to strength, courage and warrior energy.

A protection stone for a heart in distress, Pink Morganite is the perfect personal talisman in times when you feel betrayed, heartbroken, or under attack. Pink Morganite can show you how to reclaim your own confident, brave heart.

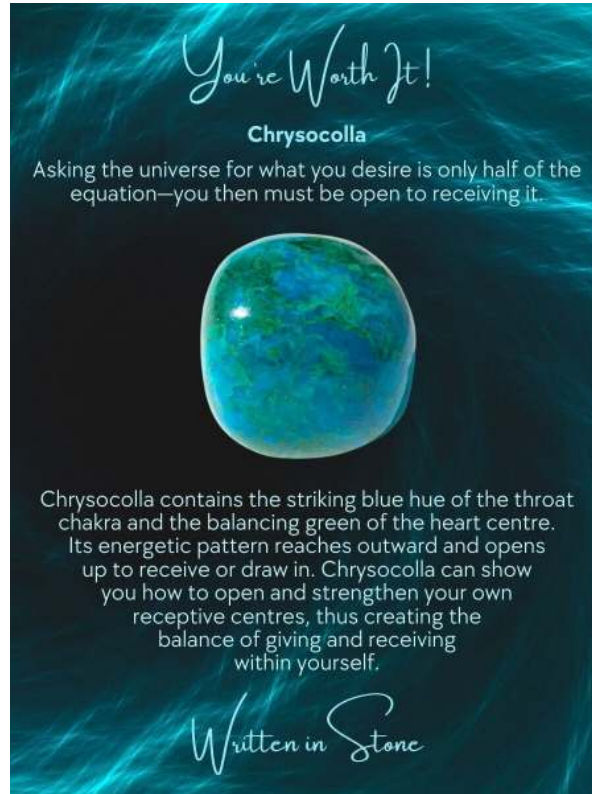
Morganite belongs to the same family as Emerald and Aquamarine; the Beryl family.



Sardonyx :: All Rights Reserved

Each individual piece of Sardonyx has its own patterning or *fingerprint*. It's easy to see that Sardonyx speaks of *uniqueness*. Sardonyx can teach you much about the patterns of life and patterns of creation. In working with Sardonyx, you will be able to see your own patterns clearly. Its vibration will highlight your special talents and help you to activate them, hone them and express them with outwardly with confidence and joy. So, go ahead—get creative—and add your own unique fingerprint to everything you touch!

It is so easy to adopt the behaviours of those around us or blindly follow the patterns of role models. The truth is that we are all unique; each with our own way of being, with special skills and individual talents. If you have yet to discover what you do best, what comes easy to you; ask the being of Sardonyx to help you uncover your gifts, realize their potential and share them with the world.



Chrysocolla :: You're Worth It!

Asking the universe for what you desire is only half of the equation—you then must be open to receiving it. Chrysocolla contains the striking blue hue of the throat chakra and the balancing green of the heart centre. Its energetic pattern reaches outward and opens up to receive or draw in. Chrysocolla can show you how to open and strengthen your own receptive centres, thus creating the balance of giving and receiving within yourself.

Chrysocolla is a great gift for someone who's feeling left out, withdrawn, or those who are introverted, as it helps them to reach out to others for comfort and understanding.

As well, Chrysocolla can be a valuable tool for developing and honing telepathic abilities because, once again, it strengthens your own abilities to ask for and receive the incoming messages clearly. It's quite common to find raw Chrysocolla sprinkled in sparkling druzey crystals.



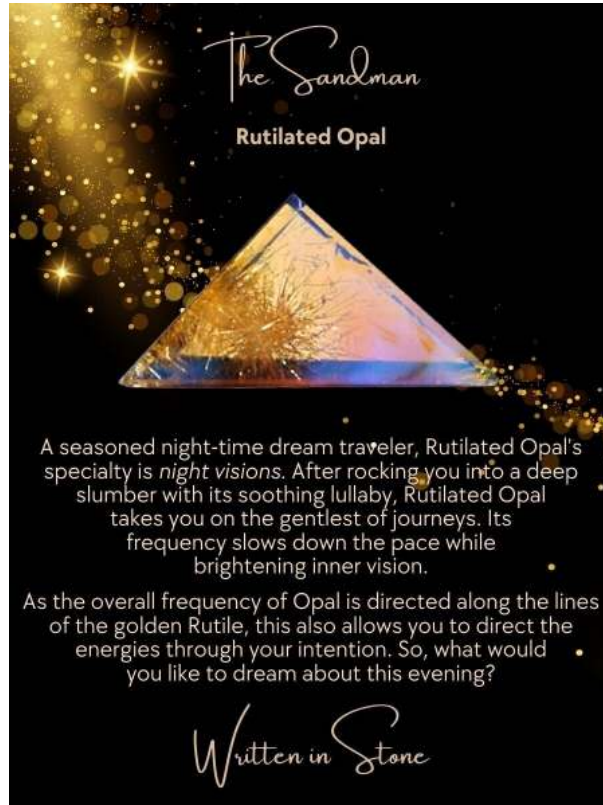


Blue Rose Quartz :: The Poet

A poet may rely on rhythm and metaphor in attempts to adequately express deep feelings moving up through their heart. It can be a struggle for some, simply because words are inadequate; they fall short of expressing such powerful feelings.

A *poet's stone*, the frequency of Blue Rose Quartz strengthens your ability to articulate passionate emotion. It is an excellent companion stone for poets, singers, dancers, or any artists involved in the creative fields.

The Blue Rose Quartz possesses all the qualities of Rose Quartz, but the addition of the blue hue strengthens your ability to articulate and express passionate emotion. It is just an excellent companion stone for poets, singers, dancers, or any artists involved in the creative fields.



Rutilated Opal :: The Sandman

A seasoned night-time dream traveler, Rutilated Opal's specialty is *night visions*. After rocking you into a deep slumber with its soothing lullaby, Rutilated Opal takes you on the gentlest of journeys. Its frequency slows down the pace while brightening visions.

As the overall frequency of Opal is directed along the line of the golden Rutile, this also allows you to direct the energies through your intention. So, what would you like to dream about this evening?



Labradorite :: On the Horizon

Your dreams hold the answers to your current issue. This is an awesome dreaming stone—with a bit of a twist. Labradorite only draws messages from your dreams that are relevant to situations you are dealing with in your life today—all the rest is left behind for another time.

The beautiful Labradorite stone is so named because it was first identified near the Inuit settlement village, Nain, on the coast of Labrador, Canada. Labradorite's iridescent display is known as *labradorescence*. Legend tells us some cultures believed the Aurora Borealis were trapped within the stone, as Labradorite's shimmer seems to mimic the dazzling dance of the Northern Lights.



Pink Opal :: Breathe

Know that things will work themselves out. During unexpected, stressful times, Pink Opal's gentle vibration can soothe wild and frantic waves of emotions down into calm, flowing ripples. Sitting quietly with Pink Opal brings mental clarity, allowing you to better understand the situation you find yourself in.

Pink Opal's vibration is much like Rose Quartz, but whereas Rose Quartz can bathe large areas at a time with its energy, Pink Opal is more direct or specific to the area or issue you direct to.



Gold :: Golden Opportunity

There's a golden opportunity coming your way! A very quick and powerful conductor, Gold draws in positive life-enhancing energies. It does not transmit unstable or deteriorating energies. Instead, it brings through liveliness, vitality, and all the wonderful things life has to offer. Whether simply adorned on the body or fashioned into jewelry, humans have worn Gold for eons to help keep their energies moving smoothly.

People have trusted the frequency of Gold to turn their entire lives around. Praying, while holding a nugget of Gold, they would ask that their lives take a positive turn and begin to thrive. The vibration of Gold can also be directed toward personal relationships to help them stay strong and vibrant. Coupling a Clear Quartz crystal with Gold amplifies its natural abilities.

The vibration of Gold is similar to that of Silver, in the sense that they are both quick and powerful conductors, but they do have a few differences that set them apart. The vibration of Silver draws in toxic energies and binds them together for disposal. but Gold, again, draws to itself only pure, positive energies.



For a cleansing pick-me-up on the energetic level, try this Silver and Gold treatment: hold a piece of Silver in your hand and run it along a few inches above the body in its entirety with the intention to draw out toxic energies, and then do the same with a nugget of Gold with the intention to replenish with pure life-enhancing energy. Feels amazing!



Fishtail Selenite :: Delicate Situation

A sensitive touch is called for. Soft and delicate to the touch, Fishtail Selenite is a very sensitive crystal. It is an amazing transmitter that is not capable of conducting lower frequency energies, but rather, draws in an abundance of brilliant, healing light and radiates it outward in all directions.

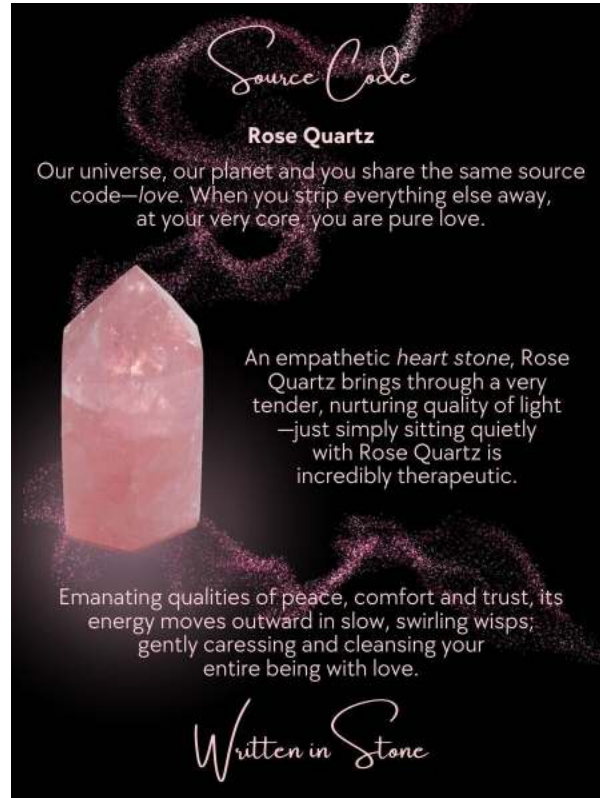
Fishtail Selenite may be laid upon any part of the body to refresh or replenish sluggish areas with an endless supply of life-giving energy. On the mental and emotional levels, its vibration can certainly assist in uplifting a stressful mindset or feelings of hopelessness and gloom, helping to ease depressive states.

Written in Stone

Its overall vibration is quick, lighthearted and delightful. It can draw in many joyful potentials and possibilities for you and show you how to organize them, work with them, and apply them to your life in a healthy and beneficial way. Its physical appearance may remind you of the human spine, and its workings are even similar, but on the energetic level.

You and a partner might like to try this refreshing exercise. While lying on your stomach, have your friend set Fishtail Selenite on the back of your neck, letting it rest for a few moments as it draws in nourishing light. Allow a bit more time to let the light penetrate in. Now have them continue moving it downward, resting it intermittently, all the way to the base of the spine. Feels so refreshing!





Rose Quartz :: Source Code

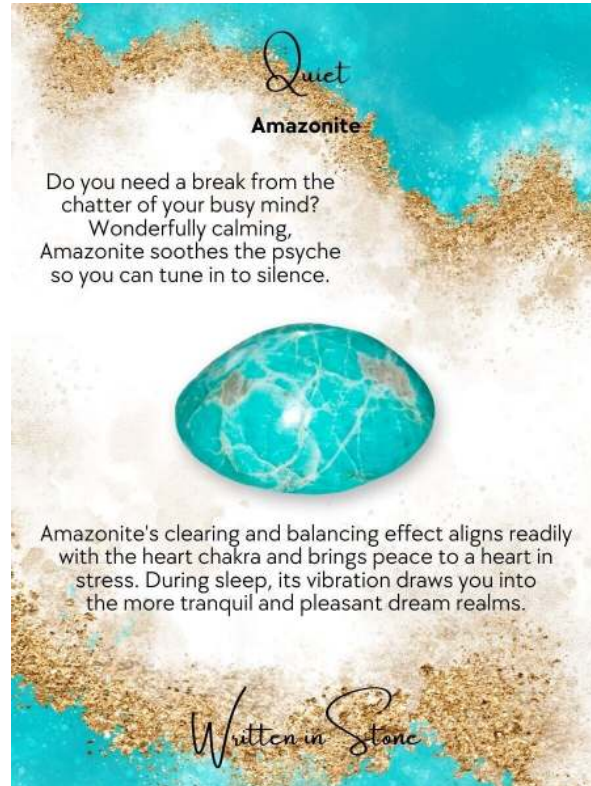
Our universe, our planet and you share the same source code—love. When you strip everything else away, at your very core, you are pure love. An empathetic *heart stone*, Rose Quartz brings through a tender, nurturing quality of light—just sitting quietly with Rose Quartz is incredibly therapeutic. Emanating qualities of peace, comfort and trust, its energy moves outward in slow, swirling wisps; gently caressing and cleansing your entire being with love.

As Clear Quartz crystal is forming, it can draw in trace amounts of titanium, iron, or manganese from its immediate environment. This of course changes the chemical and molecular structure and gives it colour—and now you have *Rose Quartz*.

Written in Stone

Rose Quartz is incredibly compassionate toward humans, due to its long history of working with us. For the novice who is just beginning a friendship with the mineral kingdom, this is a wonderful *first crystal* to get to know and a very friendly stone for children; as again, it is quite responsive. Rose Quartz can soothe tension and feelings of fear and promote relaxation. The calming nature of Rose Quartz is also beneficial to pets when they're feeling under the weather.

It is an excellent *cleansing crystal* to use wherever gentle clearing is required or where you need to take the edge off harsh emotions. In personal healing, you can also send the frequencies of other stones through Rose Quartz to soften and balance their energies when working with delicate parts of the system. It is such a good crystal for practitioners and counselors to place in their treatment room or office.



Amazonite :: Quiet

Do you need a break from the chatter of your busy mind? Wonderfully calming, Amazonite soothes the psyche so you can tune into silence. Amazonite's clearing and balancing effect aligns readily with the heart chakra and brings peace to a heart in stress. During sleep, its vibration draws you into the more tranquil and pleasant dream realms.

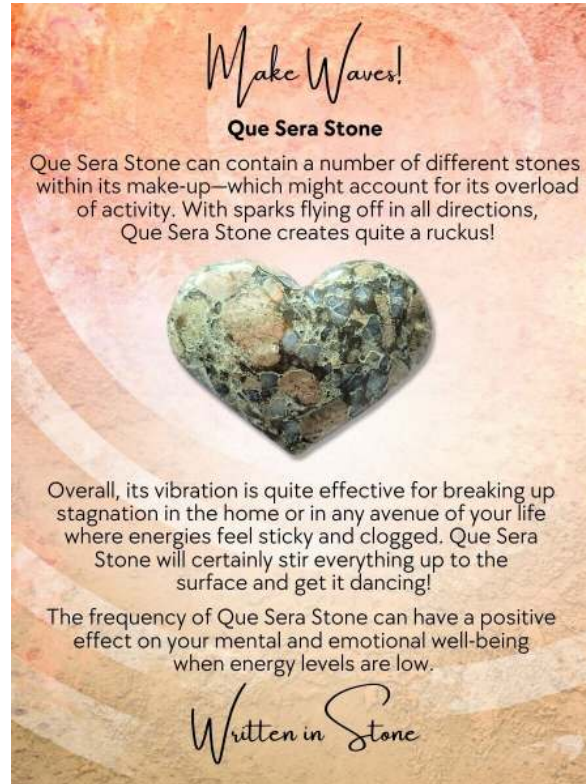
Amazonite is the name given to this bluish-green member of the Microcline family. It has been a preferred carving stone throughout history and its uses as jewelry and as a personal talisman have helped to build a lasting friendship with humans.



Phlogopite Mica :: Gatekeeper

Keep yourself safe. The brown-hued Phlogopite Mica is an excellent boundary stone. When used as a barrier, Phlogopite's vibration prevents harmful energies aimed in your direction from entering your personal space. For added protection in your home, place a sheet of Phlogopite in each window to deflect unwanted energies.

The highly reflective Phlogopite Mica *bends light* or sends energy back on itself, which is the main reason it is such a good protection stone. A word of caution; when working with Phlogopite, be sure your intentions are pure and not harmful in any way, as they can reflect back on you. But don't take it personally—Phlogopite simply doesn't discriminate as to where energies are coming from.



Que Sera Stone :: Make Waves

Que Sera Stone can contain a number of different stones within its make-up—which might account for its overload of activity. With sparks flying off in all directions, Que Sera Stone creates quite a ruckus!

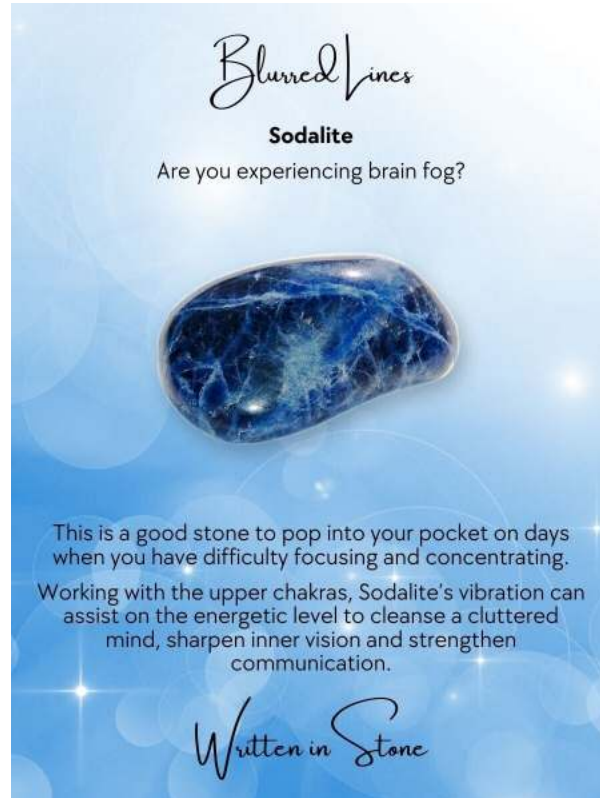
Overall, its vibration is quite effective for breaking up stagnation, either in the home, in the human system or in any avenue of life where energies feel sticky and clogged. Que Sera Stone will certainly stir everything up to the surface and get it dancing! The frequency of Que Sera Stone can have a positive effect on your mental and emotional well-being when energy levels are low.



Sunstone & Blue Apatite :: Trust the Process

This card has shown up to remind you that the universe has a plan! This beautiful combination of Sunstone and Blue Apatite is all about excitement, change and trust. There are times when we need to just sit in the flow, let go of the reins, and watch as the universe turns the kaleidoscope and things fall into their right place, creating a beautiful pattern.

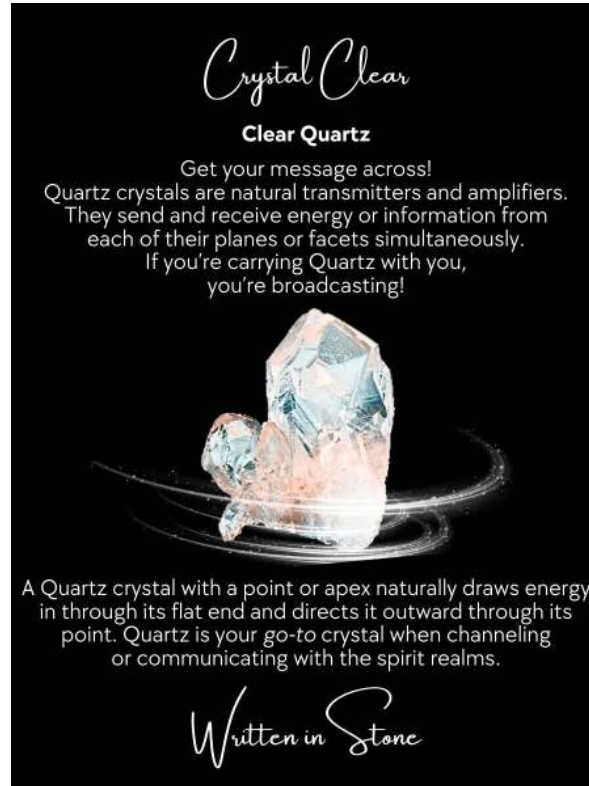
How do these two beautiful stones work together? Blue Apatite assists you to maintain your balance when life gets chaotic. It has the ability to streamline thoughts and ideas. The vibration of Sunstone drops deeply into the unconscious or unknown and the play of light refracted by the stone uncovers and reflects back to you any bits of information it discovers. Blended together, these stones have got you covered!



Sodalite :: Blurred Lines

Are you experiencing brain fog? This is a good stone to pop into your pocket on days when you have difficulty focusing and concentrating. Working with the upper chakras, Sodalite's vibration can assist on the energetic level to cleanse a cluttered mind, sharpen inner vision and strengthen communication.

Sodalite's energetic pattern cycles from *thought to vision—thought to communication*. Sodalite is also a great help when deciphering cryptic messages from your dreams and visions and comprehending the meaning behind symbols and imagery. Many Sodalite pieces produce a brilliant colourful glow under UV light.



Clear Quartz :: Crystal Clear

Get your message across! Quartz crystals are natural transmitters and amplifiers. They send and receive energy or information from each of their planes or facets simultaneously. If you're carrying Quartz with you, you're broadcasting! A Quartz crystal with a point or apex naturally draws energy in through its flat end and directs it outward through its point. Quartz is your *go-to* crystal when channeling or communicating with the spirit realms.

Silicon dioxide, also known as Silica, is made up of the two most abundant native elements of Earth; silicon and oxygen. SiO_2 is the crystalline form we know as Quartz and it's all about communication.

A Quartz crystal point forms with 6 sides. This natural, geometrical shape allows it funnel energies through in a particular way that equates with excitement and sudden change.

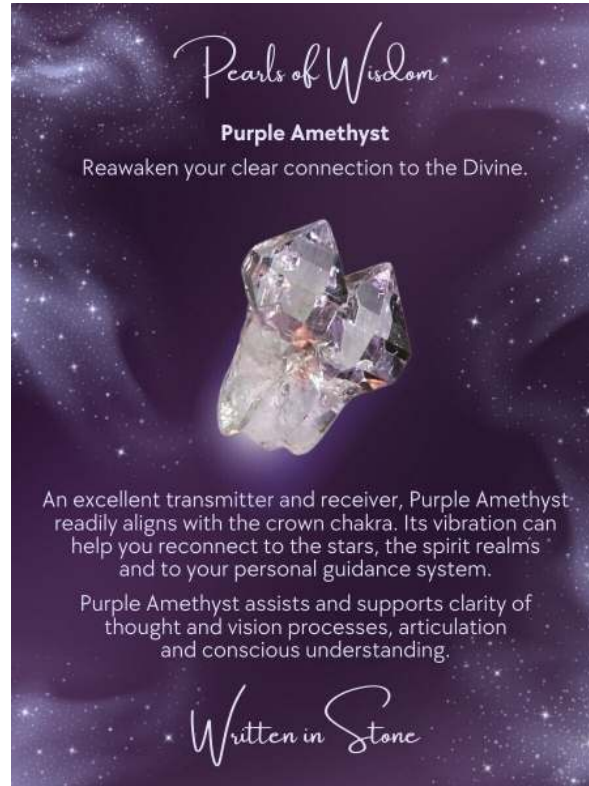
Each crystal has multiple facets or faces at its apex. Groups of these crystals can be found in what is called a *cluster*, or community of crystals! Yes, Quartz is a *community being* that loves to network, creating a lot of excitement!

It is through Silica/Quartz that our planet communicates with other planets, stars, star systems and the like. As a Quartz crystal is growing and forming, each facet on its point is facing different stars and other heavenly bodies and each is already keyed-in to communicate with them. This is how and why they have formed and continue to grow in the particular spot you find them on Earth; they are also the product of the light they draw into Earth's realm, born of the invisible patterns or blueprints that pre-existed on the planet.

With the abundance of Quartz crystals growing on our planet, just imagine the incredible network of information being sent and received through these invisible lines of light and the effects this has on absolutely everything on Earth—and beyond—as she rotates and moves through space. Isn't it just mind-blowing?

Once a crystal is moved from its birthplace or has broken off from its mother crystal or cluster, it is no longer keyed-in to its star or heavenly body—but now, you can point it and communicate with whoever and wherever you like, using your intention.

The double-terminated Clear Quartz crystals (also known simply as DTs) grow with a point at each end and send and receive light or information through both ends simultaneously. This generates a lot of energy, creating a ricochet effect as the energies bounce back-and-forth and all about. In personal healing, this can be quite effective for breaking up energetic blockages in your aura or in your system.



Purple Amethyst :: Pearls of Wisdom

Reawaken your clear connection to the Divine. An excellent transmitter and receiver, Purple Amethyst readily aligns with the crown chakra. Its vibration can help you reconnect to the stars, the spirit realms, and to your personal guidance system. Purple Amethyst assists and supports clarity of thought and vision processes, articulation and conscious understanding.

Purple Amethyst just oozes that sense of welcome, as if your very presence is desired and appreciated! Amethyst has the heart balancing abilities of Rose Quartz, as it contains the pink hue. With its magnetic, *drawing* energy, it's a lovely crystal to have sitting near your front door to welcome friends, family and guests. As a placement stone elsewhere in the home, Amethyst will bring in a sense of purity and draws attention to otherwise, empty, dull areas.

Written in Stone

Wearing Purple Amethyst or carrying it in an amulet bag is helpful to keep your mind clear and uncluttered. Placing Amethyst on any of the lower chakras helps to bridge communication between your mental and emotional bodies, assisting you to better understand and appreciate your emotional self.

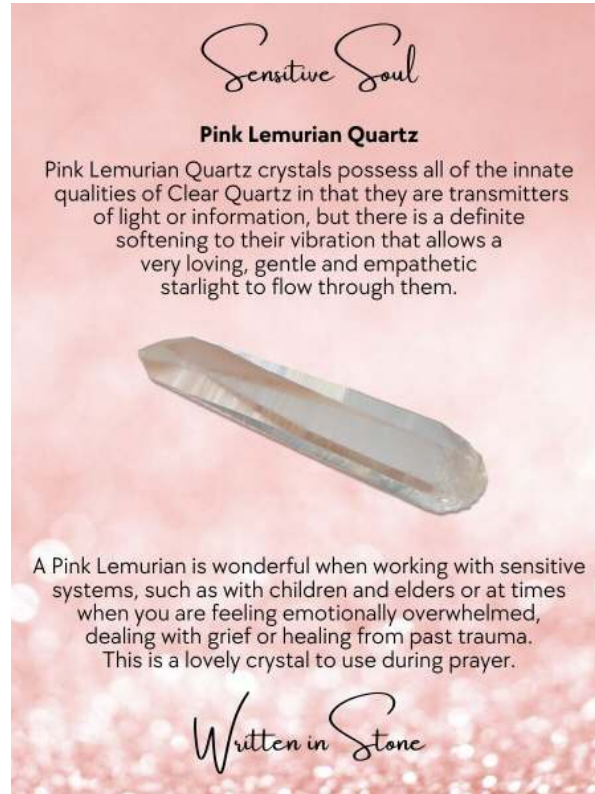




Hessonite :: Creative Spark

Get creative! The fiery Hessonite Garnet is brimming with inspiration! It's a wonderful companion for anyone working in the creative fields to get those artistic juices flowing. Hessonite also has a knack for fine-tuning, so it can effortlessly guide you through your entire project from beginning to end.





Pink Lemurian Quartz :: Sensitive Soul

Pink Lemurian Quartz crystals possess all of the innate qualities of Clear Quartz, in that they are transmitters of light or information, but there is a definite softening to their vibration that allows a very loving, gentle, and empathetic starlight to flow through them.

A Pink Lemurian is wonderful when working with sensitive systems, such as with children and elders, or at times when you are feeling emotionally overwhelmed, dealing with grief or healing from past trauma. This is a lovely crystal to use during prayer.

Also known as *Pink Lemurian Seed Crystals*, the Pink Lemurians will most often have a natural matte or lightly frosted appearance, due to and depending upon the quality of starlight they receive. You can physically feel the soft texture on the surface of their bodies when you handle them.

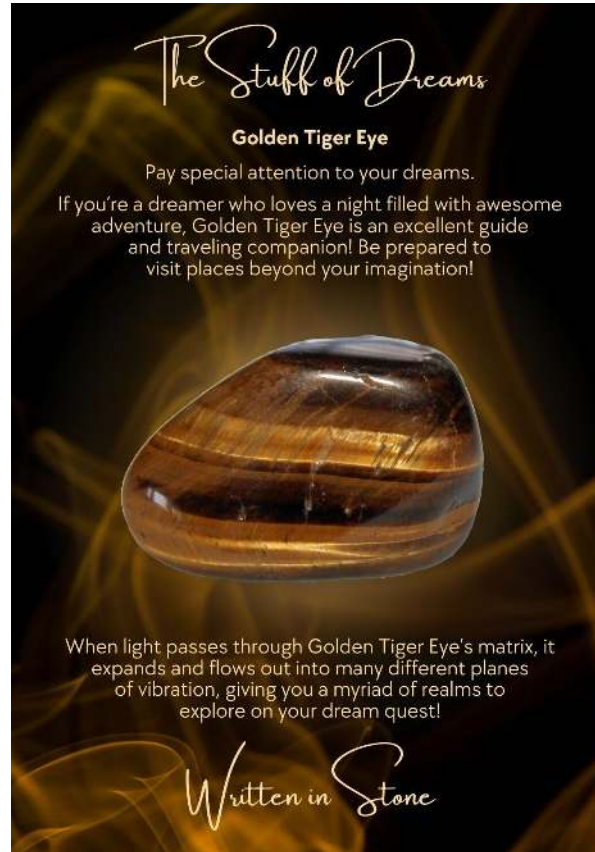
Written in Stone

They will also display horizontal ridges or striations running across their bodies. These lines are a type of *historic record* or reference point. Each striation represents the entirety of events that took place during different time periods as the crystal was growing.

Every transmission that the crystal has sent or received over the possible past tens of thousands of years as it was forming is recorded and the striations are the access lines to this information. It's not as if these crystals hold the information within themselves, but rather, the striation is the link or key to the knowledge that they hold their strong connection to. This wealth of information can be accessed at any time, simply by focusing your intention and asking.

There are many ways in which you can use striated crystals, just as you would use a Clear Quartz Crystal. You may wish to connect with your personal guides or loved ones on the other side or with beings from other worlds. Perhaps you may ask spirit for assistance to help you and your loved ones to flourish, be healthy and strong on all levels, or to simply bring some ideas, opportunities and possibilities into your awareness.

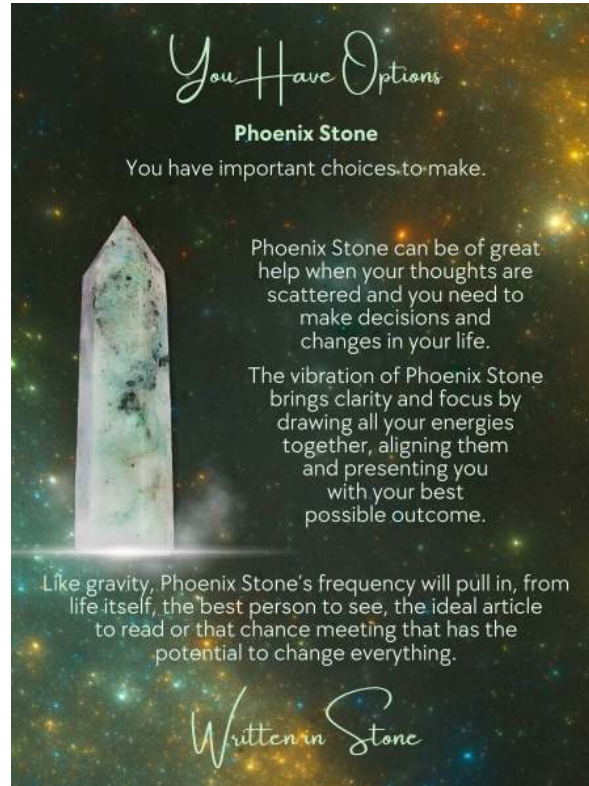
When using a Pink Lemurian (or any crystal that has striation markings), running your finger along the striations assists in holding a strong connection as incoming information flows through to you.



Golden Tiger Eye :: The Stuff of Dreams

Pay special attention to your dreams. If you're a dreamer who loves a night filled with awesome adventure, Golden Tiger Eye is an excellent guide and traveling companion! Be prepared to visit places beyond your imagination! When light passes through Golden Tiger Eye's matrix, it expands and flows out into many different planes of vibration, giving you a myriad of realms to explore on your dream quest!

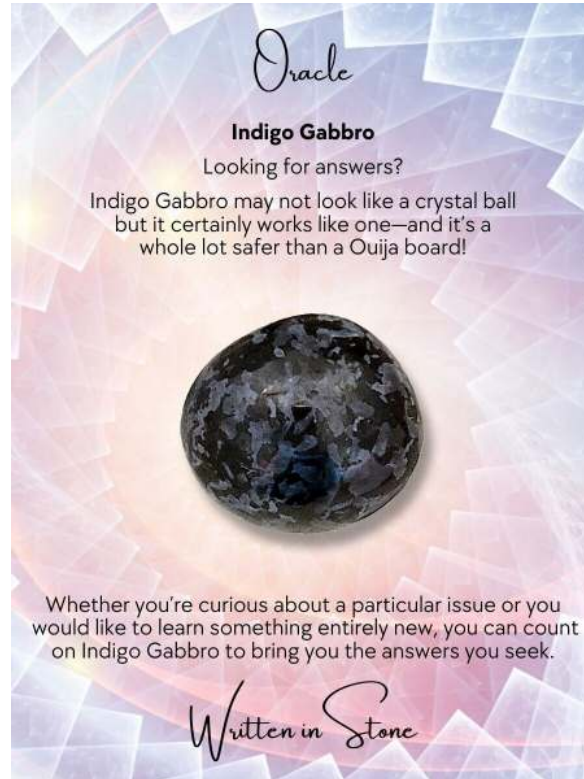




Phoenix Stone :: You Have Options

You have important choices to make. Phoenix Stone can be of great help when your thoughts are scattered and you need to make decisions and changes in your life.

The vibration of Phoenix Stone brings clarity and focus by drawing all your energies together, aligning them, and presenting you with your best possible outcome. Like gravity, Phoenix Stone's frequency will pull in, from life itself, the best person to see, the ideal article to read, or that chance meeting that has the potential to change everything.



Indigo Gabbro :: Oracle

Looking for answers? Indigo Gabbro may not look like a crystal ball but it certainly works like one—and it's a whole lot safer than a Ouija board! Whether you're curious about a particular issue you'd like to learn something entirely new, you can count on Indigo Gabbro to bring you the answers you seek. If you're interested in self-exploration and self-discovery, spend some quiet time with Indigo Gabbro; it can pull you deeply into uncharted territory within your own psyche, while bringing your awareness with you.

When you experience restlessness at bedtime and have trouble falling asleep, try slipping a nugget of Indigo Gabbro under your pillow. Its frequency can pull you deeply into the unconscious realms pretty quickly. Another name for Indigo Gabbro is *Mystic Merlinite*; not to be confused with the stone, Merlinite, which is Dendridic Opal/Dendridic Agate.



Spirit Quartz :: A Village

Change can be a positive step. Whether you're searching for ideas for your next project, a career change, a new home or new partner, Spirit Quartz is the perfect ally to help you out. A beautiful *community* of sparkling crystals, Spirit Quartz speaks of the multitude of possibilities available to you. Like having an entire village reaching out in many directions at once to source out your best options, Spirit Quartz will show you the different prospects that lie within your reach.

For those of you who would like to explore past lives, alternate or parallel realities; imagine the mother crystal within as you or the life you're living right now and the tiny crystals on the surface as other versions of you, living other lives. Holding the crystal while meditating or pondering will help you make a strong connection. Form a question; perhaps ask which other life experience is affecting your present life, as they can all bleed over into the now.



Carnelian Orca Agate :: As You Wish

The addition of Carnelian into this Orca Agate has it vibrating in harmony with the orange, sacral chakra—the energy centre where your wishes and dreams are nurtured into life. A wonderful manifesting stone, the Carnelian Orca Agate draws in all the energetic elements needed to fulfill your desires. In personal healing, the frequency of Carnelian Orca Agate's vibration acts as a stimulant to boost vitality levels.

For anyone actively engaging in breathwork practices, Carnelian Orca Agate is a great partner and can guide you through your sessions and help strengthen your technique. Carnelian Orca Agate's energetic pattern is similar to breathing. Think of it as the orange Carnelian drawing in deeply and the white-coloured Quartz pushing energies back out.



Black Jade :: Guardian

Are you feeling vulnerable? Black Jade is a personal protection stone and also a natural *heart stone* from which you can draw courage, thereby enhancing your own sense of bravery. Throughout history, Black Jade has had a reputation as a strong and reliable protection stone for the home, as well. Imagine a strong, valiant warrior poised at your entrance, warding off harmful energies!

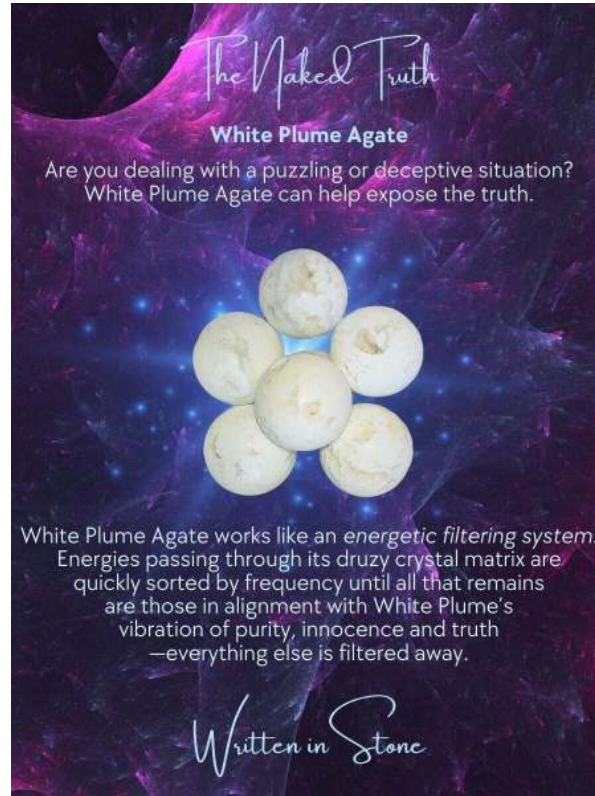
Black Jade's vibration assists in sharpening your intuition, thereby permitting feelings of fear or warning better access to your conscious mind in order to alert you of any unsavory energies in your surroundings, while allowing you to feel safe and comfortable at the same time. In days gone by, people believed if you carried Black Jade as your personal talisman, you would always know where dangers lie. The stone was often embedded into a headband in order to deflect adverse influences.



Yellow Barite :: Sole Source

Your connection to the Earth Mother is as essential as your connection to the stars. Yellow Barite freely shares the deep, primal energy that it readily draws up from the core of the planet.

Carrying this stone or wearing it on your person for a time is a great way to ground yourself. Alternatively, placing a nugget of Yellow Barite on the soles of the feet allows your energy centres to absorb strong, raw energy, which can then be directed with great precision to specific areas that you wish to energetically stimulate, awaken and strengthen.

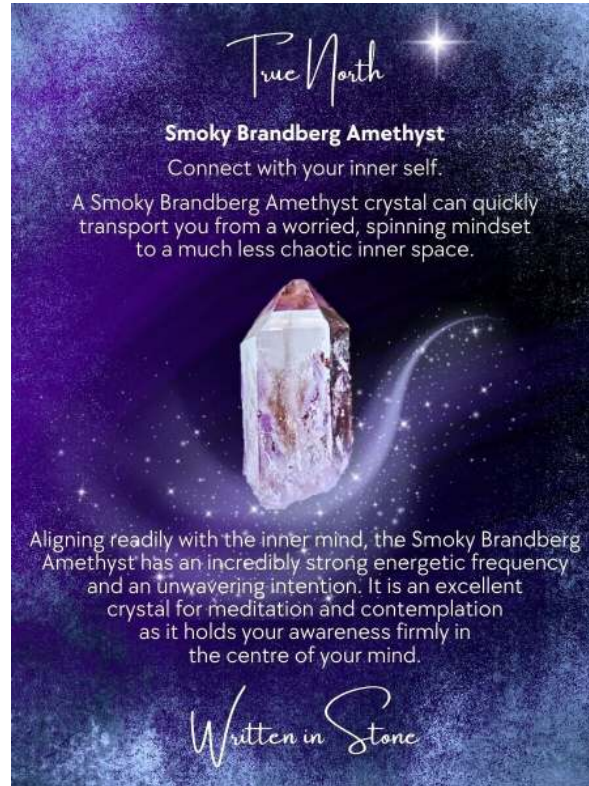


White Plume Agate :: The Naked Truth

Are you dealing with a puzzling or deceptive situation? White Plume Agate can help expose the truth.

White Plume Agate on its own works like an *energetic filtering system*. Energies passing through its druzy crystal matrix are sorted by frequency, until all that remains are those in alignment with White Plume's vibration of purity, innocence and truth—everything else is filtered away. This is a great crystal for chakra cleansing, too!





Smoky Brandberg Amethyst :: True North

Connect with your inner self. A Smoky Brandberg Amethyst Crystal can quickly transport you from a worried, spinning mindset to a much less chaotic inner space.

Aligning readily with the inner mind, Smoky Brandberg Amethyst has an incredibly strong energetic frequency and an unwavering intention. It is an excellent crystal for mediation and contemplation as it holds your awareness firmly in the centre of your mind. It is also a very good crystal for night-time dreaming, bringing clarity to dreams and solutions to light.



Carnelian :: Crystal Mojo

Carnelian holds on to your wishes until they come true! Known as a *wishing stone*, Carnelian is a great manifesting aid. It can hold your desires, radiate them outward and attract back in all the energies needed to make them a reality. Carnelian makes an excellent gift for someone who is experiencing seasonal affective disorder or a low point in their life and for those prone to bouts of anxiety and depression.

Carnelian's energy is all about the little things in life that bring a smile to your lips; things like the taste of a food you love, the scent of your favourite flower or your child's first steps. Carnelian's frequency will never bring you harmful, toxic energies—only the ones that make you feel warm and fuzzy inside!



Lemon Calcite :: No Stone Unturned

Don't overlook any important details. If sunlight could be condensed into a solid form, surely it would resemble the lovely Yellow Calcite! Vibrating in harmony with the solar plexus chakra, Lemon Calcite's specialty is *discernment*.

Calcite attunes well to the human system and the yellow hue speaks of the *transmission of light through to the physical realm*. Working with Lemon Calcite is like lighting a lantern in a darkened room—you suddenly notice things you had previously overlooked and you might even discover some new possibilities that you hadn't thought of! As Lemon Calcite shines its light on your current issues, it helps you to sort out, understand and discern, out of all the options available to you, which is the absolute best choice for you in your present situation.

Written in Stone

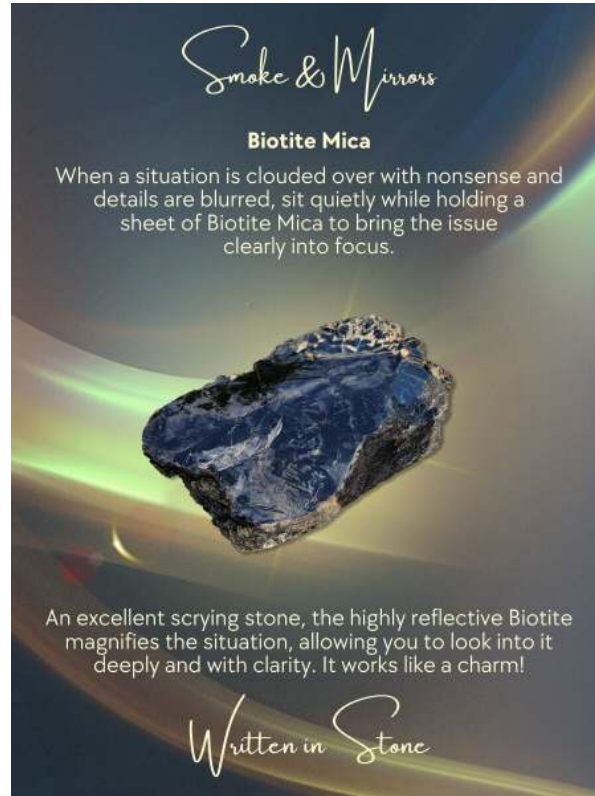
Lemon Calcite is valuable on many levels and there are so many choices you might ponder while tuning in to Lemon Calcite. *How do I best get through my current situation? What are the right words to say in this circumstance? Which choice is the best one to resolve this issue? What is needed for my current relationship to be loving and strong, How can I best lead a healthy lifestyle? What is needed to keep our family unit strong?* Lemon Calcite's vibration can help you make the best choice from the options you have in front of you.



Blue Hemimorphite :: Vitality & Chi

Time to replenish your energetic system! Blue Hemimorphite's vibration draws in an abundance of light, allowing it to flow right down through to the bottom of your spine, filling in all the empty spaces along the way. Blue Hemimorphite can be most helpful in times when you're feeling listless, suffering from a debilitating condition or simply in need of more vitality.

Blue Hemimorphite's energetic pattern is a slow and steady draw; like soaking up sun on a beach, so it's an excellent stone to wear or carry on your person for long periods of time. Its vibration can be quickened and enhanced by coupling it with Clear Quartz. A Clear Quartz crystal with a point can *funnel* or direct Hemimorphite's energy to a specific area, while also speeding up its vibration. Simply give the crystal your intention as to where you would like the energy to go.



Biotite Mica :: Smoke & Mirrors

When a situation is clouded over with nonsense and details are blurred, sit quietly while holding a sheet of Biotite Mica to bring the issue clearly into focus. An excellent scrying stone, the highly reflective Biotite brings in light and magnifies the situation, allowing you to look into it deeply and with clarity. It works like a charm! This stone is the perfect ally for empaths and those who are highly sensitive, as they are most vulnerable to harmful energies.

In this common type, the layers or sheets of Mica naturally form one on top of the other. This is often referred to as a *book* of Mica, simply because the sheets resemble the many pages in a book.



Ceruleite :: The Alchemist

Get it together! Do you ever have times in life where things just aren't coming together, no matter how hard you try? Whenever you have a project, situation or circumstance with a lot of moving parts, the vibration of Ceruleite can help connect the dots. A stone of alchemy, Ceruleite draws in all the energies needed and gives them the pattern or template of your intentions to follow—life itself does the rest!

From something as simple as hosting a dinner party to taking the trip of a lifetime, to preparing the wedding of your dreams, Ceruleite is a great ally to have at your side.



Shiva Shell :: Natural Instincts

Get motivated! Just as its spiral design implies, the impulsive Shiva Shell is all about movement, adventure and traveling! When you're in need of stimulation, its energy inspires you to get out there and enjoy all the amazing wonders that life has in store for you!

If you are planning a trip, Shiva Shell is the perfect companion to ensure your holiday goes smoothly—and likely off the beaten path for some awesome spur of the moment surprises!

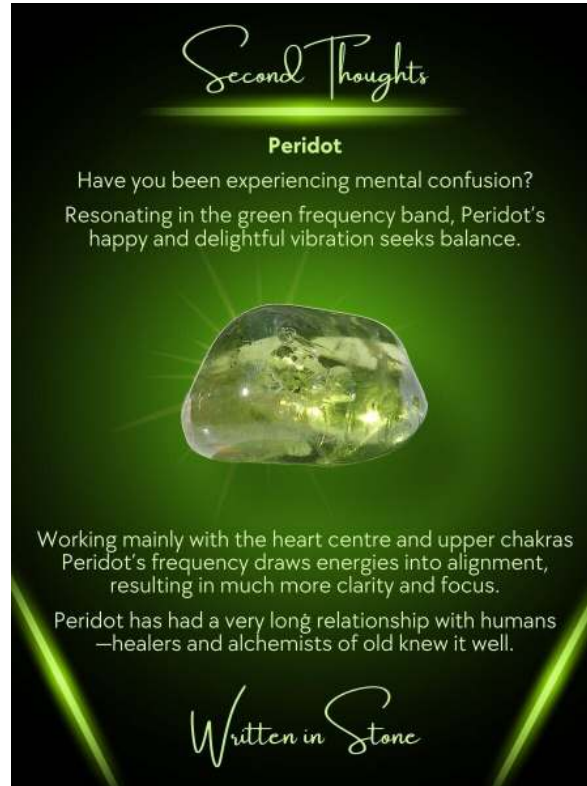
Considered a natural stone, Shiva Shell is made of calcium carbonate. It is also known as *Pacific Cat's Eye*, *Eye of Shiva* or *Shiva's Eye*.



Hypersthene :: What if...

What does your future hold? The silica content in Hypersthene allows it to draw light or information into itself and its reflective quality allows it to mirror the information back out; this makes Hypersthene is a very good divination or scrying stone. Tuning in to Hypersthene's vibration, it can also help you make decisions and set firm intentions for your future. *What might it be like if I made this choice? What could happen if I choose that option instead?* Hypersthene will reflect images back to your mind's eye of just where such paths can lead you.

You can experiment with Hypersthene during waking hours or perhaps meditation sessions to look deeply into any situation you might be curious about. Or try taking Hypersthene into dreamtime, asking it to hold the details of your dream adventures and reflect them back to you in the morning and also help you to decrypt them and understand what they are trying to say to your waking self.

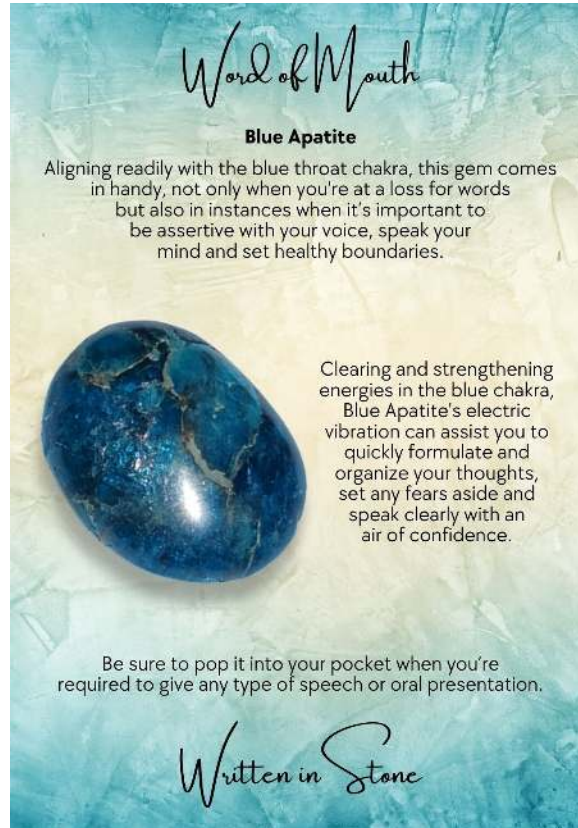


Peridot :: Second Thoughts

Have you been experiencing mental confusion? Resonating in the green frequency band, Peridot's happy and delightful vibration seeks balance. Working mainly with the upper chakras, Peridot's frequency draws energies into alignment, resulting in much more clarity and focus.

In the blue throat chakra it can assist with clear and focused communication. In indigo, it enhances inner vision during dreamtime and focus during meditation. In crown chakra, information flows through clearly and coherently. Such a joyful companion, Peridot can only enrich your healing journey.

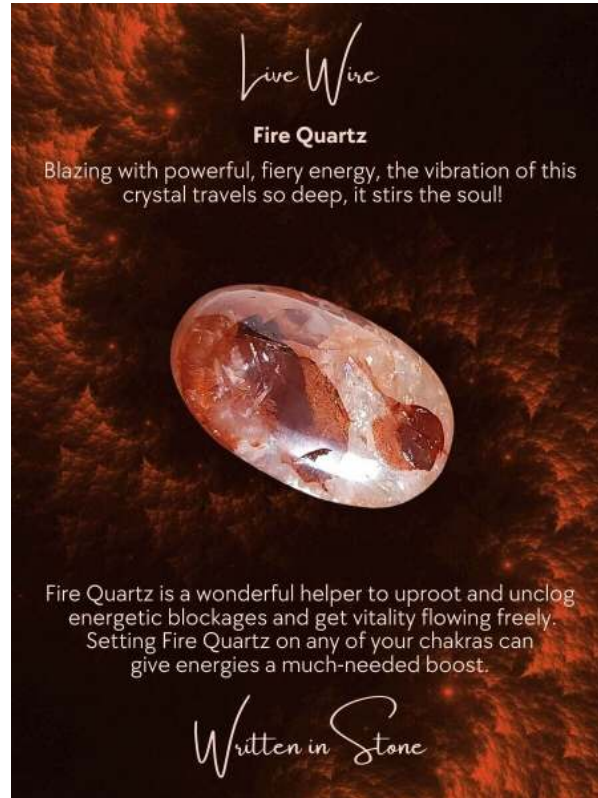
Peridot has had a very, very long relationship with humans—healers and alchemists of old knew it well.



Blue Apatite :: Word of Mouth

Aligning readily with the blue, throat chakra, this gem comes in handy, not only when you're at a loss for words but also in instances when it's important to be assertive with your voice, speak your mind and set healthy boundaries.

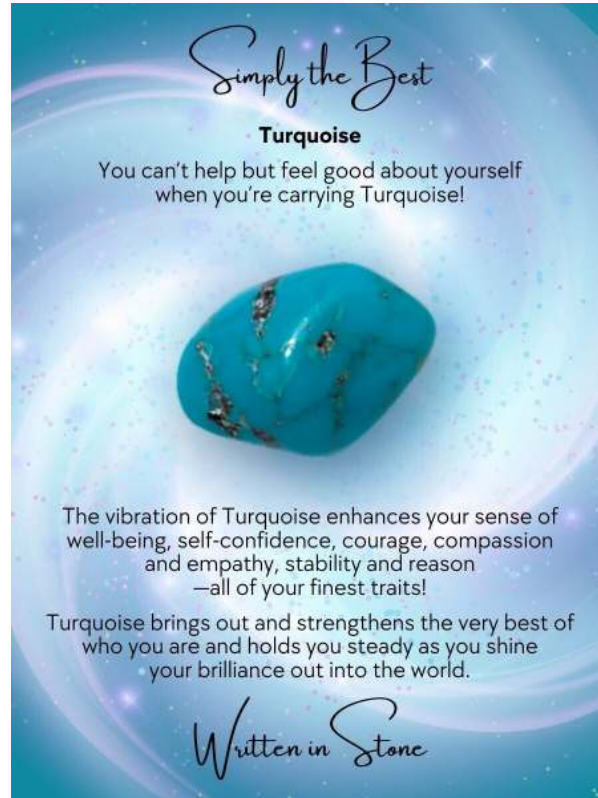
Clearing and strengthening the throat chakra, Blue Apatite's electric vibration can assist you to quickly formulate and organize your thoughts, set any fears aside and speak clearly with an air of confidence. Be sure to pop it into your pocket whenever you're required to give any type of speech or oral presentation.



Fire Quartz :: Live Wire

Blazing with powerful, fiery energy, the vibration of this crystal travels so deep, it stirs the soul! Fire Quartz is a wonderful helper to uproot and unclog energetic blockages in the system and get vitality flowing freely again. Setting Fire Quartz on any of the chakra centres can give energies a much-needed boost.

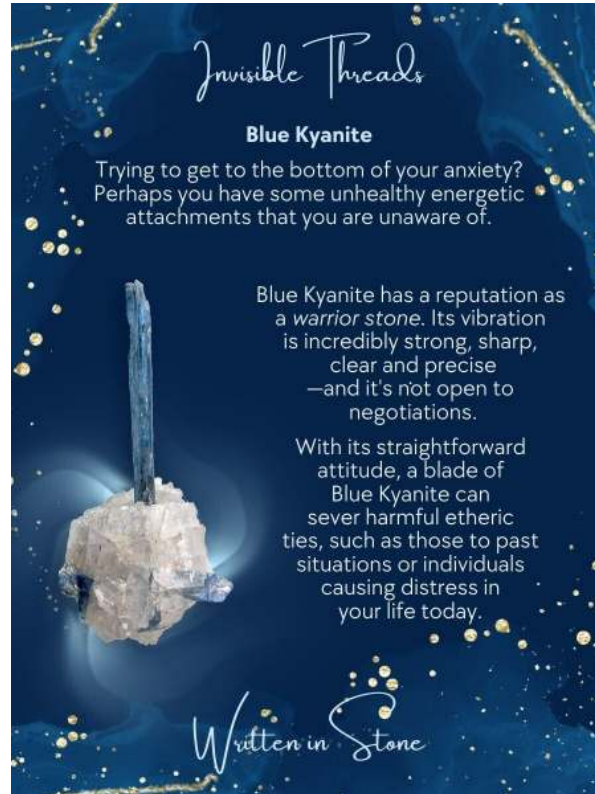
Also known as *Hematoid Quartz*, this crystal stimulates and activates! It's a great stone to use as a kick-start in any avenue of your life where stagnation has set in. You can direct the frequency of Fire Quartz toward any project you're working on, as well, to get it moving along nicely and flourishing.



Turquoise :: Simply the Best

You can't help but feel good about yourself when you're carrying Turquoise! The vibration of Turquoise enhances your sense of well-being, self-confidence, courage, compassion and empathy, stability and reason—all of your finest traits!

Turquoise brings out and strengthens the very best of who you are and holds you steady as you shine your brilliance out into the world.



Blue Kyanite :: Invisible Threads

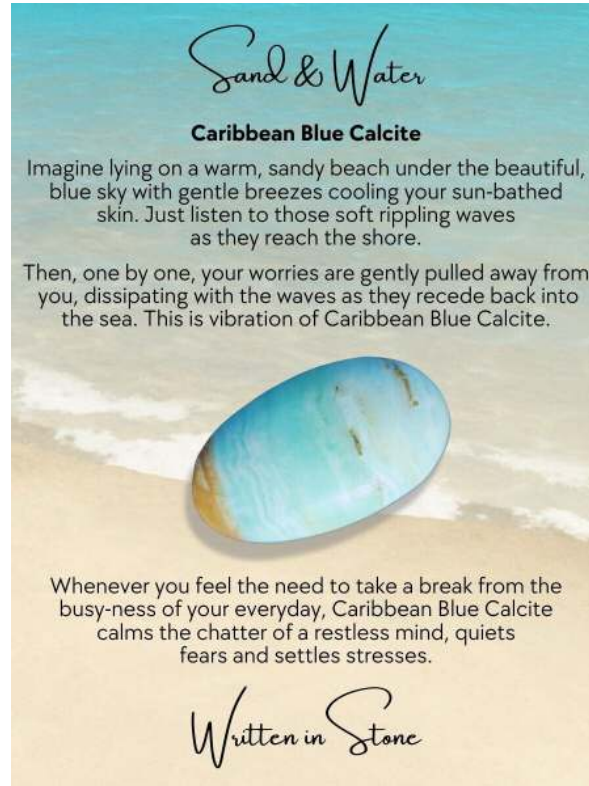
Trying to get to the bottom of your anxiety? Perhaps you have some unhealthy energetic attachments that you are unaware of. Blue Kyanite has a reputation as a *warrior stone*. Its vibration is incredibly strong, sharp, clear and precise—and it's not open to negotiations.

With its straightforward attitude, a blade of Blue Kyanite can sever harmful etheric ties, such as those to individuals or past situations causing distress in your life today.

In some instances, Blue Kyanite can be used as a *tool*, rather than an assistant. As well as cutting harmful ties, Blue Kyanite is helpful situations where there are a lot of distractions or perhaps someone is putting up a smoke screen to obscure an issue, Blue Kyanite's frequency can cut right through the nonsense and help you get to the bottom of things.

It is also helpful when you find yourself in sticky situations, to cut yourself free, or to eliminate excessive red tape in business transactions. Blue Kyanite doesn't discriminate, so when working with it, it's best to be sure that your own intentions are honest and clear.





Caribbean Blue Calcite :: Sand & Water

Imagine lying on a warm, sandy beach under the beautiful, blue sky with gentle breezes cooling your sun-bathed skin. Just listen to those soft rippling waves as they reach the shore. Then, one by one, your worries are gently pulled away from you, dissipating with the waves as they recede back into the sea. This is vibration of Caribbean Blue Calcite.

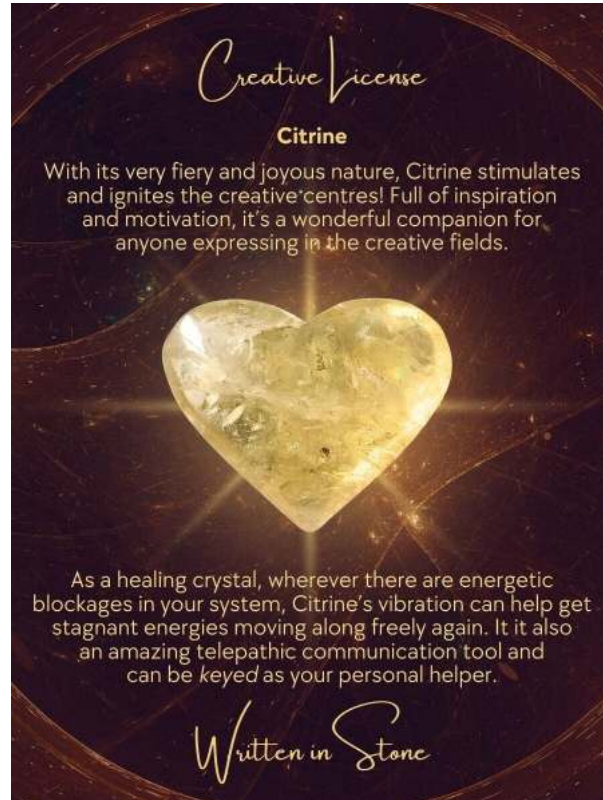
There are many lovely ways to use Caribbean Calcite to quiet fears and settle stresses. It's the perfect stone to meditate with or you can set it at your bedside at night to calm the chatter of your restless mind. It's a wonderful stone to set in a child's room to maintain a serene atmosphere. You might also place it beside an overactive or under-the-weather pet to help them relax, rest, and simply *be*.

Written in Stone

Caribbean Blue Calcite contains both Calcite and Aragonite. Depending upon your particular piece, you may see both white and brown Aragonite and it's common to see little crevices or caves that give you a peek inside the stone, sometimes sprinkled with sparkling Quartz druzy.



Caribbean Blue Calcite was discovered quite recently in Pakistan. Although it wasn't found in the Caribbean, this lovely stone's healing properties do reflect its name. The beautiful cyan colours certainly resemble the inviting waters of the Caribbean Sea.



Citrine :: Creative License

With its very fiery and joyous nature, Citrine stimulates and ignites the creative centres! Full of inspiration and motivation, it's a wonderful companion for anyone involved in the creative fields. As a healing crystal, wherever there are energetic blockages in your system, Citrine gets stagnant energies moving along freely again. It is also an amazing telepathic communication tool and can be *keyed* as your personal helper.

A powerful transmitter, Citrine is capable of sending and receiving energy currents that are stronger than average. As energy is taken into Citrine it is held and allowed to build up before it's released in regulated spurts. It doesn't emit its energy in direct, straight lines, as Clear Quartz does, but rather, has an energetic *pulsing* charge. This can be valuable when you feel you need a good strong boost of energy.



White Jade :: Moral Compass

Move forward with grace. White Jade promotes such qualities as purity, beauty and grace. As with all members of the Jade family, the white variety is also associated with strength, courage and protection. White Jade also enhances spiritual pursuits. Whereas, in the physical realm you might use Black Jade to protect your *home*, you would use White Jade, in a spiritual sense, to protect your *temple*.

White Jade can teach you much about personal status and how to present yourself in the outer world, as well as with social standing and your place in your community. To promote beauty and grace, White Jade has been used artistically as a talisman and for carvings and ornamentation all throughout history.

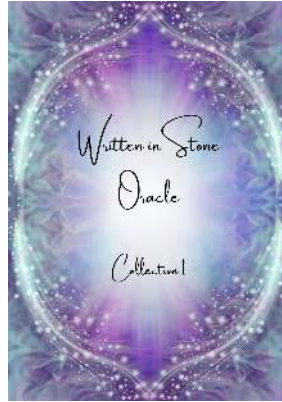
Oracle Card Layouts

The Stone Beings are your teachers. Our planet *expresses* herself through the animals, plants, stones and the rest, so it's not just the stones that are calling to you; it's our planet, as well.

Instructions are here for those of you who are new to casting and reading a layout. If you're a seasoned Oracle or Tarot reader, carry on in your own fashion and enjoy the deck!

When you receive your oracle deck, go through the cards, examining each photo and its message. Which ones capture your attention? Which stones are calling out to you? Is there just one in particular that draws you? Do you happen to have this stone? That's a sure sign that this Stone Being is giving you a nudge.

If you feel an attraction but you don't have the physical stone or crystal, you can still work with it energetically. Simply invite them into your world with gratitude. If you do have the stone, sit with it, get to know its vibration and allow the crystal to get to know the rhythm of your personal signature. If it's a small crystal, tuck it into your pocket and carry it with you or wear it in an amulet bag around your neck. If it's already fashioned into jewelry, your all set.



Daily Guidance

Choosing a daily or even weekly guidance card is easy. Fan your deck out or gently scatter them on a surface in front of you, face down, so you can both test your intuition and be pleasantly surprised. It's important to keep your intention clear.

Perhaps simply ask which Stone Being would best be your guide for today, or this week, this month or for the duration of a particularly trying time. Which one stands out? Which one is calling the loudest? Choose that card, read its message, invite the stone's energy in, and always express gratitude. More often than not, its message will resonate with you right away or you will soon receive validation that it was the proper choice for you in this moment in time.

Written in Stone



Classic Past, Present, Future Layout

Some people choose to say a prayer of protection before a reading; perhaps calling in their personal guides and guardians, as well. With this deck, be sure to also call in the Stone People, and always express gratitude. Carefully shuffle the cards while pondering your question, present issue or situation. It's your choice to leave them stacked and pick one card after another off the top or gently scatter them on the surface in front of you. State your intention. Be sure you're clear on what it is you're hoping to gain insight about or resolve.

For this layout, begin with the past card, #1. What have you just moved through? Lay the top card down in the number one position. This card represents what you have just come out of or what you have just completed. Lay the card in the #1 position and ponder its message.

Now, draw and lay the next card onto the #2 position. This represents where you are now; the present.

The next card will be laid in the #3 position to represent your possible future on the path you're currently on in relation to the issue you're curious about. Remember, you can empower the path you're on now or change to a new path at any time through your own personal choices.

Personal Layout

This 5-card visual layout appears on the following page. Keeping your intention in mind, slowly shuffle the deck, choose your first card and lay it in the #1 position. This card represents what's happening now. Continue to pull your cards and lay them in the corresponding positions, taking note of the card's significance below. Pause to absorb and ponder each message before drawing the next card.

#1 Present circumstance.

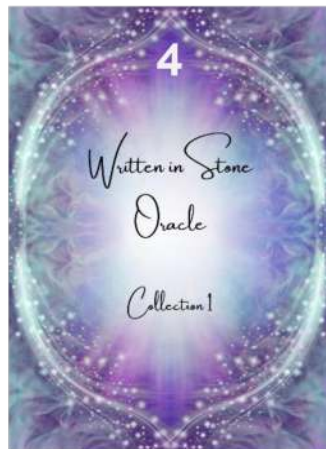
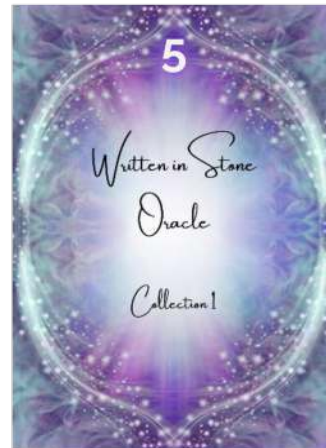
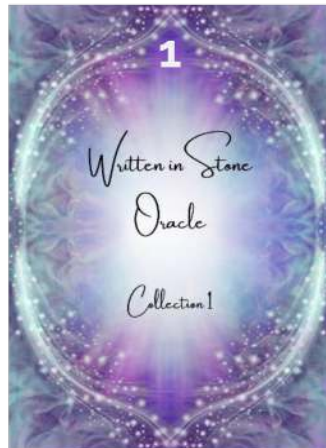
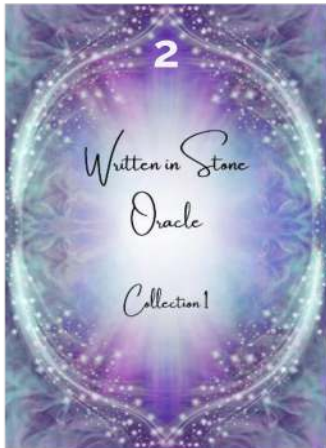
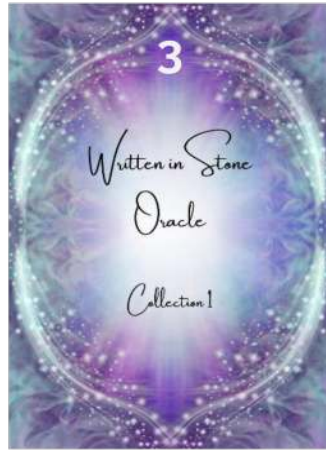
#2 What from my past is influencing the now?

#3 What is my present understanding?

#4 What is operating undercurrent or what is it that I don't want to look at and consider?

#5 What is the trajectory ahead?

Written in Stone



Plant Layout

This is a lovely 6-card layout following the growth of a plant from root to seed (see next page for visual layout). It's the perfect spread to use for any issue or a particular project you're beginning or working on from the ground up.

#2 Stem: What is holding me up?

#1 Root: What is grounding me?

#3 Leaf: What is the support I am bringing in?

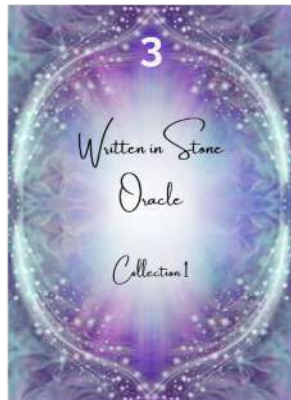
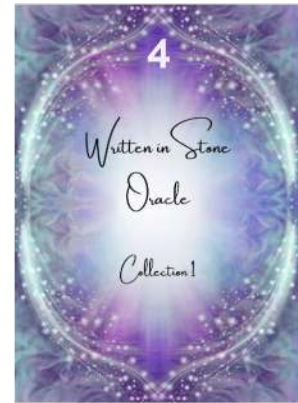
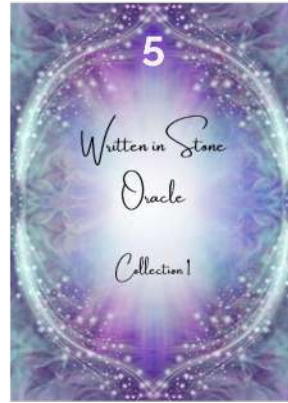
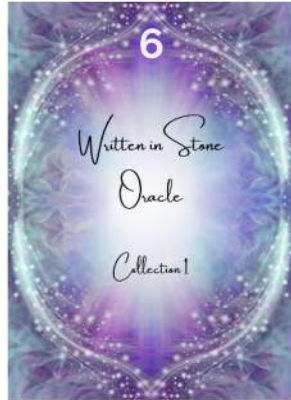
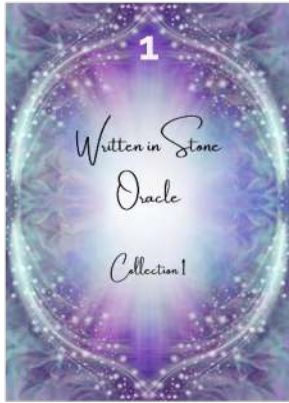
#4 Blossom: What do I show the world?

#5 Fruit: What is the probable outcome of my intention?

#6 Seed: What is my legacy?

Keeping your intention in mind, carefully shuffle the deck, choose your first card and lay it in the **#1** position. This card represents what it is that is keeping you grounded throughout this experience. Continue to pull your cards and lay them in the corresponding positions, taking note of the card's significance below. Remember to pause, absorb and ponder each message before proceeding with the next card.

Written in Stone



Life Path Layout

The Life Path layout on the next page is self-explanatory. With your intention in mind, slowly shuffle the deck, choose your first card and lay it in the #1 position. Continue pulling cards and laying them in the corresponding positions, taking note of the card's significance below. Pause, take in and ponder each message before pulling the next card.

#1 Who am I?

#2 What are the influences I am moving through?

#3 What are the influences coming in?

#4 What is the marker to heed on my life path?

#5 What is the recommended guidance to seek?

#6 What is the hidden opportunity?

#7 What is the life challenge of my current circumstance?

#8 What guidance must I heed?

#9 What is the life lesson of my current circumstance?

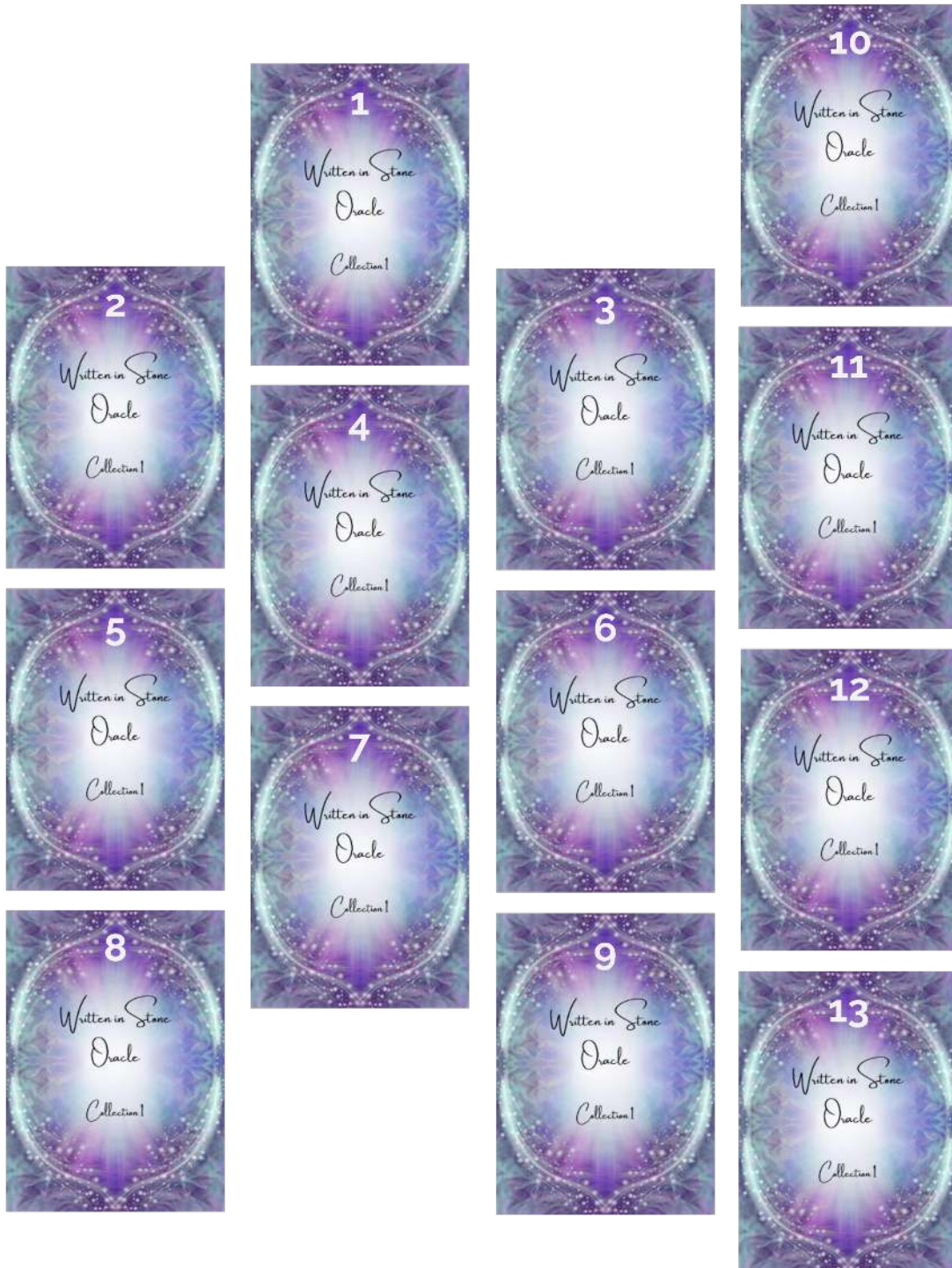
#10 What is it that I need to shed?

#11 What is it that I need to embrace?

#12 What is the course of action recommended?

#13 What is the probable outcome?

Written in Stone



Written in Stone

Thank you so much for your interest and support. More information is available about stones and crystals on my website: www.influentialvibrations.com

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